|  | For                   | mula feed                               | ding only           | (3 month         | <b>s</b> )            |                  |                    |
|--|-----------------------|---|---------------------|------------------|-----------------------|------------------|--------------------|
| Have you eve   | r breast fed your ba  | aby?                                    |                     |                  |                       | Yes <sup>1</sup> | No <sup>2</sup>    |
| IF 'NO' GO   |                       | J                                       |                     |                  |                       | L                |                    |
| 1011 0 1   | 1 0                   |   |                     |                  |                       |                  |                    |
| If Yes, for ho   |                       |   | 1 10                | 1 1 -            | 1 16                  |                  |                    |
| 1 feed¹       1 day⁴         2 feeds²       2 days⁵         3 feeds³       3 days⁶ |                       |   | week <sup>10</sup>  |                  | weeks <sup>16</sup>   |                  |                    |
|  |                       | 2                                       | weeks <sup>11</sup> | 8                | weeks <sup>17</sup>   |                  |                    |
|  |                       | 3                                       | weeks <sup>12</sup> |                  | weeks <sup>18</sup>   |                  |                    |
|  | 4 days <sup>7</sup>   | 4                                       | weeks <sup>13</sup> |                  | 0 weeks <sup>19</sup> |                  |                    |
|  | 5 days <sup>8</sup>   | 5                                       | weeks <sup>14</sup> |                  | 1 weeks <sup>20</sup> |                  |                    |
|  | 6 days <sup>9</sup>   | 6                                       | weeks <sup>15</sup> | 12               | 2 weeks <sup>21</sup> |                  |                    |
| Why did you  | stop breast feeding   | vour baby                               | 7?                  |                  |                       |                  |                    |
| willy did you  | Reason                | coc                                     |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       | <u> </u>                                |                     |                  |                       |                  |                    |
|  | st feeding > 1 wee    |   |                     |                  | ••                    |                  | 137.2              |
| _  | e you were breast fee |   | ou exclude          | any toods froi   | m your diet           |                  | No <sup>2</sup>    |
| IF 'NO' 'D/K   | a' OR 'N/A' GO TO     | J Q. 6                                  |                     |                  |                       | D/K <sup>3</sup> | N/A <sup>-10</sup> |
| If yes, why?   |                       |   |                     |                  |                       |                  |                    |
| Vegetarian   |                       | Yes <sup>1</sup>                        | No <sup>2</sup>     | Eat Fish         | Yes¹                  | No <sup>2</sup>  | ٦                  |
|  |                       | Yes <sup>1</sup>                        | No <sup>2</sup>     | Lat 14811        | 103                   | NO               |                    |
| Vegan  |                       |   |                     | 4                | 1                     |                  |                    |
| Dislike certain  | foods                 | Yes <sup>1</sup>                        | No <sup>2</sup>     | Food             |                       |                  |                    |
| Due to haby's  | allergy/intolerance   | Yes <sup>1</sup>                        | No <sup>2</sup>     | Food             | 1                     |                  |                    |
| Due to baby s  | anergy/intorcrance    | 100                                     | 110                 | roou             |                       |                  |                    |
| Due to own all   | ergy/intolerance      | Yes <sup>1</sup>                        | No <sup>2</sup>     | Food             |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
| Due to lactation   |                       | Yes <sup>1</sup>                        | No <sup>2</sup>     | Food             |                       |                  |                    |
| Due to factation   |                       | 103                                     | 110                 | 1000             |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
| Other  |                       | Yes <sup>1</sup>                        | No <sup>2</sup>     | Food             |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
| Have you ide   | ntified any foods in  | vour diet                               | that affect         | Yes <sup>1</sup> | No <sup>2</sup>       |                  |                    |
| breast feeding   | i your diet           | your diet that affected your baby after |                     |                  |                       | N/A <sup>4</sup> |                    |
|  |                       | 0 0                                     |                     |                  |                       | D/K <sup>3</sup> | IV/A               |
| IF NO D/K  | OR 'N/A'GO TO         | , Q. 8                                  |                     |                  |                       |                  |                    |
| If wes what for  | oods and what effe    | ct did thev                             | have?               |                  |                       |                  |                    |
| If yes, what foods and what effective Food   |                       | •                                       | code                |                  | Effect                |                  | coo                |
|  | 1 000                 |   | Jour                |                  | LIICCI                |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  |                    |
|  |                       |   |                     |                  |                       |                  | 1                  |

|                                | Study No   |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|--------------------------------|--|------------------|---------------------|-----------------|---------|----------------------------------|-------|------------|-------------------|-----|-----------------|------|
| 8.                             | If breast feeding at all, have you taken any medication (e.g. antibiotics, |                  |                     |                 |         |                                  |       |            |                   |     | - 2             |      |
|                                | paracetamol or aspirin) sine   | ce you           | ır baby             | 's birth?       | •       |                                  |       |            | Yes <sup>1</sup>  | N   | lo <sup>2</sup> |      |
|                                | IF 'NO' GO TO Q. 10  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| •                              | 70   |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| 9.                             | If yes, what   |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                | 1 111110101145   | Yes¹             |                     | No <sup>2</sup> |         |                                  |       |            |                   |     |                 |      |
|                                | 1 4144 4 44411101  | Yes¹             |                     | No <sup>2</sup> |         |                                  |       |            |                   |     |                 |      |
|                                | 1 10 1 1 1 1 1   | Yes¹             |                     | No <sup>2</sup> |         |                                  | 1     |            |                   |     |                 |      |
|                                | Other medication   | Yes <sup>1</sup> |                     | No <sup>2</sup> | Pleas   | se specify                       |       |            |                   |     |                 |      |
| 10.                            | 0. When did you first introduce formula bottle feeding?  Age days we       |                  |                     |                 |         |                                  |       |            |                   |     |                 | eks  |
|                                | 1150   days  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| 11.                            | Which formula are you usi  | ng at j          | present'            | ?               |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     | , <u> </u>      |         |                                  |       |            |                   |     |                 |      |
| 12.                            | Why have you chosen this formula? (If no tick assume answer to be NO)      |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                | Formula 1 Form   |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                | Treatment of allergy/intolerance   |                  |                     | No <sup>2</sup> | Yes     |                                  | 2     |            |                   |     |                 |      |
|                                | Prevention of allergy  | Yes              |                     | No <sup>2</sup> | Yes     |                                  |       |            |                   |     |                 |      |
|                                | Other child was allergic to milk   | Yes              |                     | No <sup>2</sup> |         | Yes <sup>1</sup> No <sup>2</sup> |       |            |                   |     |                 |      |
|                                | One that was given in hospital   | Yes              | 1                   | No <sup>2</sup> | Yes     |                                  |       |            |                   |     |                 |      |
|                                | Advised to do so   | Yes              | 1                   | No <sup>2</sup> | Yes     | No <sup>2</sup>                  |       | By whom    |                   |     |                 |      |
|                                | Own preference   | Yes              |                     | No <sup>2</sup> | Yes     | No <sup>2</sup>                  |       |            |                   |     |                 |      |
|                                | Available in Baby Clinic   | Yes              | 1                   | No <sup>2</sup> | Yes     | <sup>1</sup> No <sup>2</sup>     |       |            |                   |     |                 |      |
|                                | Other  | Yes              | 1                   | No <sup>2</sup> | Yes     | <sup>1</sup> No <sup>2</sup>     |       |            |                   |     |                 |      |
| 13.                            | Have you ever used any form IF 'NO' END OF QUESTI                          |                  |                     | the one         | you are | using at the r                   | nomer | nt?        | Yes               | 1 1 | No <sup>2</sup> |      |
| 14.                            | If yes, what formula and w   | hy dic           | l you ch            | nange?          |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  | code Age when you c |                 |         | nanged How long used             |       |            | Reason for change |     |                 | code |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  | ı                   |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| Con                            | nments   |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| e.g.                           | fortified / TPN / tube feed  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| _                              |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| For                            | Office Use Only  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
|                                | <u> </u>   |                  |                     |                 |         |                                  | Food  | <u>d</u> _ |                   |     | C               | ode  |
| Possible Intolerance / Allergy |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| Definite Intolerance / Allergy |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |
| No Intolerance / Allergy       |  |                  |                     |                 |         |                                  |       |            |                   |     |                 |      |