

# Lead-shot Game

Wild game may contain lead due to hunters using lead shot or bullets.

If wild game is processed in a AGHE, lead and affected parts of meat will be removed, although small amounts may remain in the meat.

If you are preparing wild game for own private domestic consumption or if you are a retailer supplying wild game, you should also remove as much lead as possible and the surrounding meat.

Eating lead-shot game regularly can expose you to potentially harmful levels of lead. Those who eat lead-shot game should be aware of the negative health effects and try to minimise exposure.

## Best practice

Exposure to lead can harm the developing brain and nervous system. Minimising the amount of lead-shot game eaten is especially important for children, pregnant women and women hoping to conceive.

More information can be found on the FSA website, [Lead shot game guidance](#).