



myfoodspace



'helping young people to choose,
cook and eat safe healthy food'



FOOD
STANDARDS
AGENCY

myfoodspace



myfoodspace offers a fun way for teachers to introduce food labelling to children aged 9-11 years and does so within the context of healthy eating and the eatwell plate.

The interactive DVD-ROM is packed with cooking videos, recipes and the know your label game.

For more information about the Food Standards Agency's work with schools, visit: food.gov.uk/schools

Food Standards Agency Publications

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tel	0845 606 0667
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