

Table 1: Details of the Individual Sub-samples Analysed

| Sample No. | Sample Description | Category |
|------------|---|---------------------------|
| / 001 A | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | "Premium" Pork Sausages |
| / 002 A | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | "Premium" Pork Sausages |
| / 003 A | Tesco Finest 6 Traditional Pork Sausages | "Premium" Pork Sausages |
| / 004 A | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | "Premium" Pork Sausages |
| / 005 A | Safeway 6 Olde English Style Pork Sausages | "Premium" Pork Sausages |
| / 006 A | Marks & Spencer Premium Pork Sausages | "Premium" Pork Sausages |
| / 007 A | Grangedale 6 Premium Traditional Style Pork Sausages | "Premium" Pork Sausages |
| / 008 A | Waitrose 12 Free Range Pork Chipolatas | "Premium" Pork Sausages |
| / 009 A | Co-op Butchers 8 Select Pork Sausages | "Premium" Pork Sausages |
| / 010 A | Premium Pork Sausages, K J Flatman | "Premium" Pork Sausages |
| / 013 A | Walls 8 Thick Pork Sausages | "Standard" Pork Sausages |
| / 014 A | Richmond Irish Recipe 12 Fresh Pork Sausages | "Standard" Pork Sausages |
| / 015 A | Tesco 8 Thick Pork Sausages | "Standard" Pork Sausages |
| / 016 A | Sainsbury's 8 Pork Sausages | "Standard" Pork Sausages |
| / 017 A | Safeway 8 Pork Skinless Sausages | "Standard" Pork Sausages |
| / 018 A | Asda 8 Thick Pork Sausages | "Standard" Pork Sausages |
| / 019 A | Somerfield 12 Thick Pork Sausages - 50% Extra | "Standard" Pork Sausages |
| / 020 A | Budgens 12 Outdoor Reared Pork Chipolatas | "Standard" Pork Sausages |
| / 021 A | Iceland 16 Thick Pork Sausages - Frozen | "Standard" Pork Sausages |
| / 022 A | D G Pritchard Thin Pork Sausages | "Standard" Pork Sausages |
| / 028 A | Walls Thick Pork and Beef Sausages | Pork & Beef Sausages |
| / 029 A | Iceland 16 Thick Pork and Beef Sausages - Frozen | Pork & Beef Sausages |
| / 030 A | Tesco Thick Pork and Beef Sausages | Pork & Beef Sausages |
| / 031 A | Safeway Thick Pork and Beef Sausages | Pork & Beef Sausages |
| / 032 A | Waitrose British Pork and Beef Sausages | Pork & Beef Sausages |
| / 033 A | Co-op 8 Thick Pork and Beef Sausages | Pork & Beef Sausages |
| / 034 A | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | Pork & Beef Sausages |
| / 036 A | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | Beef Sausages |
| / 037 A | Asda Aberdeen Angus Beef Sausages | Beef Sausages |
| / 038 A | Sainsbury's 8 Thick Premium British Beef Sausages | Beef Sausages |
| / 039 A | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | Beef Sausages |
| / 040 A | Tesco Finest 6 Beef Sausages with Onion & Red Wine | Beef Sausages |
| / 041 A | Beef Sausages, Bakers Butchers | Beef Sausages |
| / 043 A | Safeway Butchers Choice Turkey and Chicken Sausages | Turkey & Chicken Sausages |
| / 044 A | Tesco Butchers Choice British Turkey and Chicken Sausages | Turkey & Chicken Sausages |
| / 046 A | Asda Turkey 8 Fresh Sausages | Turkey & Chicken Sausages |
| / 049 A | Bowyers 95% Fat Free 8 Pork Sausages | Reduced Fat Sausages |
| / 050 A | Wall's Lean Recipe Pork Sausages | Reduced Fat Sausages |
| / 051 A | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | Reduced Fat Sausages |
| / 052 A | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | Reduced Fat Sausages |
| / 053 A | Asda Good For You Less Than 5% Fat Pork Sausages | Reduced Fat Sausages |

| | | |
|---------|---|----------------------------|
| / 054 A | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | Reduced Fat Sausages |
| / 055 A | Marks & Spencer Extra Lean Pork Sausages | Reduced Fat Sausages |
| / 057 A | Quorn Sausages - Frozen | Vegetarian Sausages |
| / 058 A | Cauldron Foods Cumberland Vegetarian Sausages | Vegetarian Sausages |
| / 059 A | Linda McCartney 8 Sausages - Frozen | Vegetarian Sausages |
| / 060 A | Goodlife 6 Vegetarian Sausages | Vegetarian Sausages |
| / 061 A | Tesco Vegetarian Lincolnshire Sausages - Frozen | Vegetarian Sausages |
| / 063 A | Sainsbury's Low Price Thick Pork Sausages | Economy / Value Sausages |
| / 064 A | Tesco Value 12 Pork Chipolatas | Economy / Value Sausages |
| / 065 A | Safeway Savers Pork Sausages | Economy / Value Sausages |
| / 066 A | Asda Smart Price 8 Pork Sausages | Economy / Value Sausages |
| / 067 A | F A Gill Value Pork Sausages | Economy / Value Sausages |
| / 069 A | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | Products Aimed at Children |
| / 070 A | Tesco 24 Pork Cocktail Sausages | Products Aimed at Children |
| / 071 A | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | Products Aimed at Children |

Table 2: List of nutrients analysed

| Nutrient group | Analyses required |
|-----------------------|--|
| Proximates | Water, Protein, Total fat |
| Fatty acids | Individual fatty acids (cis and trans isomers, positional isomers, branched chain) |
| Carbohydrate | Starch, total sugars, total carbohydrate, individual sugars (glucose, fructose, sucrose, maltose, lactose, galactose) |
| Fibre | Englyst and AOAC method |
| Inorganics | Sodium, iron |
| Energy | This is to be calculated from the results obtained for protein, fat and carbohydrate using the relevant Atwater Factors. |
| Weight loss | Weight of individual sub-samples before and after cooking |

Table 3: Analytical Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), individual analyses, raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 001 A | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | Raw | 60.4 | 2.37 | 14.8 | 12.1 | 9.6 | 206 | 862 | 5.2 | 3.9 |
| / 002 A | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | 89% | Raw | 59.1 | 2.30 | 14.4 | 19.3 | 5.1 | 252 | 1047 | 2.5 | 2.4 |
| / 003 A | Tesco Finest 6 Traditional Pork Sausages | 82% | Raw | 59.4 | 2.32 | 14.5 | 20.1 | 4.3 | 256 | 1064 | 2.1 | 2.0 |
| / 004 A | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | Raw | 58.8 | 2.60 | 16.2 | 20.4 | 2.4 | 258 | 1072 | 1.2 | 1.1 |
| / 005 A | Safeway 6 Olde English Style Pork Sausages | 79% | Raw | 53.1 | 1.91 | 11.9 | 25.7 | 6.6 | 305 | 1266 | 3.2 | 3.1 |
| / 006 A | Marks & Spencer Premium Pork Sausages | 93% | Raw | 52.2 | 2.26 | 14.1 | 28.2 | 4.1 | 327 | 1354 | 2.9 | 0.9 |
| / 007 A | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | Raw | 60.4 | 2.36 | 14.8 | 18.0 | 7.1 | 249 | 1037 | 3.3 | 3.5 |
| / 008 A | Waitrose 12 Free Range Pork Chipolatas | 85% | Raw | 61.7 | 2.38 | 14.9 | 19.0 | 4.1 | 247 | 1025 | 2.1 | 1.8 |
| / 009 A | Co-op Butchers 8 Select Pork Sausages | 73% | Raw | 49.9 | 1.65 | 10.3 | 29.7 | 10.7 | 351 | 1454 | 6.4 | 3.6 |
| / 010 A | K J Flatman Premium Pork Sausages | 73-95% | Raw | 53.8 | 1.85 | 11.6 | 17.9 | 13.6 | 262 | 1090 | 8.5 | 4.2 |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), composite analyses, grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 011 Composite | Composite Sample of Category 1 Samples | 73-95% | Grilled | 48.6 | 3.03 | 19.0 | 21.1 | 7.4 | 296 | 1230 | 5.0 | 1.9 |

Category 3: "High Quality" Pork Sausages (approx. 70-80% meat), composite analyses, raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--------------------|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 012 Composite | Composite Sample | 70-80% | Raw | 53.4 | 2.08 | 13.0 | 25.2 | 7.2 | 308 | 1276 | 3.6 | 3.3 |

Table 3: Analytical Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), individual analyses, raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 001 A | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 1.5 | <0.1 | <0.1 | 2.2 | <0.1 | <0.1 | 1.9 | 1.8 | 4.54 | 4.86 | 2.04 | 0.13 | 770 | 1.2 |
| / 002 A | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | 1.7 | <0.1 | <0.1 | 0.7 | <0.1 | <0.1 | 1.6 | 0.7 | 7.44 | 7.61 | 3.32 | 0.12 | 630 | 0.9 |
| / 003 A | Tesco Finest 6 Traditional Pork Sausages | 1.3 | <0.1 | <0.1 | 0.6 | <0.1 | <0.1 | 1.1 | 0.5 | 7.68 | 8.15 | 3.25 | 0.18 | 495 | 0.8 |
| / 004 A | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 0.9 | <0.1 | <0.1 | 0.1 | <0.1 | <0.1 | 0.6 | 0.8 | 7.77 | 8.46 | 3.11 | 0.15 | 570 | 0.8 |
| / 005 A | Safeway 6 Olde English Style Pork Sausages | 1.5 | <0.1 | <0.1 | 1.6 | <0.1 | <0.1 | 1.6 | 1.0 | 10.32 | 10.10 | 4.01 | 0.14 | 620 | 0.9 |
| / 006 A | Marks & Spencer Premium Pork Sausages | 0.3 | <0.1 | <0.1 | 0.1 | 0.6 | <0.1 | 0.7 | 0.4 | 10.48 | 11.68 | 4.69 | 0.13 | 455 | 0.8 |
| / 007 A | Grangedale 6 Premium Traditional Style Pork Sausages | 1.6 | 0.1 | <0.1 | 1.7 | <0.1 | <0.1 | 2.0 | 1.6 | 6.54 | 7.39 | 3.12 | 0.16 | 580 | 0.8 |
| / 008 A | Waitrose 12 Free Range Pork Chipolatas | 1.1 | <0.1 | <0.1 | 0.7 | <0.1 | <0.1 | 0.9 | 0.8 | 6.85 | 7.19 | 4.05 | 0.08 | 630 | 1.0 |
| / 009 A | Co-op Butchers 8 Select Pork Sausages | 1.3 | <0.1 | <0.1 | 2.3 | <0.1 | <0.1 | 1.8 | 1.7 | 13.15 | 10.66 | 4.33 | 0.23 | 435 | 0.7 |
| / 010 A | K J Flatman Premium Pork Sausages | 0.9 | <0.1 | 0.2 | 2.9 | <0.1 | <0.1 | 1.7 | 1.6 | 6.91 | 7.16 | 2.92 | 0.13 | 800 | 0.8 |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), composite analyses, grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|--|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 011 Composite | Composite Sample of Category 1 Samples | 0.8 | 0.1 | 0.1 | 0.9 | 0.1 | <0.1 | 1.9 | 1.3 | 8.03 | 8.36 | 3.62 | 0.16 | 800 | 0.9 |

Category 3: "High Quality" Pork Sausages (approx. 70-80% meat), composite analyses, raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|--------------------|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 012 Composite | Composite Sample | 1.7 | <0.1 | 0.1 | 1.6 | <0.1 | <0.1 | 2.8 | 1.6 | 9.43 | 10.49 | 3.98 | 0.19 | 730 | 0.8 |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 013 A | Walls 8 Thick Pork Sausages | 67% | Raw | 48.2 | 1.86 | 11.6 | 27.6 | 10.7 | 337 | 1399 | 5.9 | 4.2 |
| / 014 A | Richmond Irish Recipe 12 Fresh Pork Sausages | 51% | Raw | 46.0 | 1.69 | 10.6 | 24.9 | 14.1 | 323 | 1342 | 9.7 | 3.5 |
| / 015 A | Tesco 8 Thick Pork Sausages | 67% | Raw | 50.8 | 1.60 | 10.0 | 25.8 | 10.5 | 314 | 1304 | 6.2 | 3.8 |
| / 016 A | Sainsbury's 8 Pork Sausages | 67% | Raw | 50.3 | 1.92 | 12.0 | 23.4 | 11.0 | 302 | 1256 | 5.7 | 4.7 |
| / 017 A | Safeway 8 Pork Skinless Sausages | 68% | Raw | 55.4 | 1.79 | 11.2 | 19.0 | 11.6 | 262 | 1091 | 9.9 | 0.8 |
| / 018 A | Asda 8 Thick Pork Sausages | 65% | Raw | 52.1 | 1.70 | 10.6 | 24.6 | 10.7 | 307 | 1273 | 5.1 | 5.0 |
| / 019 A | Somerfield 12 Thick Pork Sausages - 50% Extra | 66% | Raw | 55.8 | 1.94 | 12.1 | 20.8 | 10.5 | 278 | 1155 | 5.6 | 4.4 |
| / 020 A | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | Raw | 53.2 | 1.91 | 11.9 | 22.2 | 10.7 | 290 | 1205 | 6.5 | 3.5 |
| / 021 A | Iceland 16 Thick Pork Sausages - Frozen | 66% | Raw | 48.4 | 1.34 | 8.4 | 30.5 | 10.2 | 349 | 1445 | 7.0 | 2.5 |
| / 022 A | D G Pritchard Thin Pork Sausages | 65% | Raw | 63.7 | 1.82 | 11.4 | 13.5 | 9.1 | 203 | 847 | 5.9 | 2.6 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 023 Composite | Composite Sample of Category 4 Samples | 50-70% | Grilled | 44.6 | 2.69 | 16.8 | 19.9 | 14.9 | 306 | 1275 | 11.2 | 2.6 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled & pricked

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 024 Composite | Composite Sample of Category 4 Samples | 50-70% | Grilled & Pricked | 47.5 | 2.35 | 14.7 | 18.9 | 13.8 | 284 | 1184 | 10.4 | 2.4 |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 025 Composite | Composite Sample of Category 4 Samples | 50-70% | Fried | 53.4 | 2.04 | 12.8 | 20.8 | 11.6 | 285 | 1184 | 7.9 | 2.9 |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 026 Composite | Composite Sample of Category 4 Samples | 50-70% | Oven Baked | 46.7 | 2.46 | 15.4 | 19.9 | 14.2 | 298 | 1240 | 10.7 | 2.5 |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 027 Composite | Composite Sample of Category 4 Samples | 50-70% | Barbecued | 47.2 | 2.36 | 14.7 | 18.1 | 17.5 | 292 | 1217 | 10.1 | 6.4 |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|------------|---|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 013 A | Walls 8 Thick Pork Sausages | 0.8 | <0.1 | 0.4 | 2.9 | <0.1 | <0.1 | 2.0 | 0.8 | 11.06 | 11.75 | 3.33 | 0.21 | 900 | 0.6 |
| / 014 A | Richmond Irish Recipe 12 Fresh Pork Sausages | 0.8 | <0.1 | <0.1 | 2.6 | <0.1 | <0.1 | 3.2 | 2.2 | 9.30 | 10.80 | 3.49 | 0.21 | 1030 | 1.0 |
| / 015 A | Tesco 8 Thick Pork Sausages | 1.3 | <0.1 | 0.3 | 2.1 | <0.1 | <0.1 | 1.9 | 1.7 | 9.74 | 11.01 | 3.74 | 0.20 | 690 | 0.6 |
| / 016 A | Sainsbury's 8 Pork Sausages | 1.8 | <0.1 | 0.1 | 2.7 | <0.1 | <0.1 | 2.3 | 1.9 | 8.80 | 9.60 | 3.77 | 0.20 | 860 | 0.7 |
| / 017 A | Safeway 8 Pork Skinless Sausages | 0.4 | <0.1 | <0.1 | 0.3 | <0.1 | <0.1 | 1.7 | 6.5 | 6.75 | 7.78 | 3.47 | 0.16 | 730 | 0.7 |
| / 018 A | Asda 8 Thick Pork Sausages | 1.9 | <0.1 | 0.1 | 2.8 | <0.1 | <0.1 | 2.2 | 1.9 | 9.37 | 10.39 | 3.57 | 0.20 | 740 | 1.0 |
| / 019 A | Somerfield 12 Thick Pork Sausages - 50% Extra | 1.3 | <0.1 | 0.1 | 3 | <0.1 | <0.1 | 1.9 | 1.8 | 8.15 | 8.45 | 3.15 | 0.15 | 700 | 0.5 |
| / 020 A | Budgens 12 Outdoor Reared Pork Chipolatas | 1 | <0.1 | 0.1 | 2.4 | <0.1 | <0.1 | 1.5 | 1.6 | 8.22 | 9.35 | 3.45 | 0.19 | 710 | 0.8 |
| / 021 A | Iceland 16 Thick Pork Sausages - Frozen | 0.9 | <0.1 | <0.1 | 1.3 | 0.3 | <0.1 | 1.5 | 0.6 | 12.11 | 12.95 | 3.91 | 0.23 | 780 | 0.8 |
| / 022 A | D G Pritchard Thin Pork Sausages | 0.5 | <0.1 | 0.1 | 1.8 | <0.1 | <0.1 | 1.5 | 1.3 | 5.69 | 5.28 | 1.79 | 0.14 | 910 | 0.9 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|-----------------|--|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 023 Composite | Composite Sample of Category 4 Samples | 0.7 | <0.1 | 0.1 | 1.6 | <0.1 | <0.1 | 2.3 | 2.0 | 7.71 | 8.25 | 2.90 | 0.17 | 1180 | 1.2 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled & pricked

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|-----------------|--|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 024 Composite | Composite Sample of Category 4 Samples | 0.7 | <0.1 | 0.1 | 1.4 | <0.1 | <0.1 | 2.3 | 1.8 | 7.32 | 7.84 | 2.75 | 0.15 | 1100 | 1.1 |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|-----------------|--|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 025 Composite | Composite Sample of Category 4 Samples | 1 | <0.1 | 0.1 | 1.7 | <0.1 | <0.1 | 2.1 | 1.5 | 7.88 | 8.75 | 3.10 | 0.16 | 850 | 0.9 |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|-----------------|--|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 026 Composite | Composite Sample of Category 4 Samples | 0.7 | <0.1 | 0.1 | 1.5 | <0.1 | <0.1 | 2.3 | 1.7 | 7.88 | 8.08 | 2.93 | 0.14 | 1070 | 1.1 |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | Sample Description | Glucose g/100g | Fructose g/100g | Sucrose g/100g | Maltose g/100g | Lactose g/100g | Galactose g/100g | Fibre (AOAC) g/100g | Fibre (Englyst) g/100g | Saturates g/100g | Monounsaturates (Cis) g/100g | Polyunsaturates (Cis) g/100g | Trans. g/100g | Sodium mg/100g | Iron mg/100g |
|-----------------|--|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|---------------------------|------------------------------|---------------------|------------------------------------|------------------------------------|------------------|-------------------|-----------------|
| / 027 Composite | Composite Sample of Category 4 Samples | 4.5 | <0.1 | 0.1 | 1.6 | <0.1 | <0.1 | 2.5 | 1.9 | 6.89 | 7.53 | 2.73 | 0.15 | 1040 | 3.2 |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|--|----------------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 028 A | Walls Thick Pork and Beef Sausages | 50% pork & 1% beef | Raw | 52.0 | 1.51 | 9.5 | 22.2 | 13.8 | 293 | 1218 | 9.9 | 2.9 |
| / 029 A | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47% pork & 6% beef | Raw | 55.8 | 1.64 | 10.2 | 19.6 | 11.6 | 264 | 1096 | 6.9 | 4.0 |
| / 030 A | Tesco Thick Pork and Beef Sausages | 48% pork & 2.5% beef | Raw | 48.8 | 1.12 | 7.0 | 29.5 | 10.2 | 334 | 1383 | 6.7 | 2.8 |
| / 031 A | Safeway Thick Pork and Beef Sausages | 49% pork & 3% beef | Raw | 45.3 | 1.52 | 9.5 | 26.0 | 13.3 | 325 | 1348 | 8.6 | 3.8 |
| / 032 A | Waitrose British Pork and Beef Sausages | 45% pork & 6% beef | Raw | 59.8 | 1.93 | 12.1 | 13.8 | 12.2 | 221 | 921 | 7.9 | 3.5 |
| / 033 A | Co-op 8 Thick Pork and Beef Sausages | 49% pork & 2% beef | Raw | 50.2 | 2.15 | 13.4 | 19.9 | 13.9 | 288 | 1200 | 7.3 | 5.9 |
| / 034 A | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 46% pork & 6% beef | Raw | 53.1 | 1.63 | 10.2 | 20.2 | 15.1 | 283 | 1177 | 10.2 | 3.8 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 035 Composite | Composite Sample of Category 9 Samples | 50-68% | Grilled | 47.3 | 2.44 | 15.2 | 13.9 | 19.1 | 263 | 1098 | 15.0 | 2.7 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 036 A | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | Raw | 58.5 | 2.11 | 13.2 | 16.9 | 8.7 | 239 | 996 | 4.5 | 3.7 |
| / 037 A | Asda Aberdeen Angus Beef Sausages | 75% | Raw | 50.0 | 1.80 | 11.2 | 33.0 | 4.6 | 360 | 1489 | 3.2 | 1.1 |
| / 038 A | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | Raw | 60.2 | 2.45 | 15.3 | 17.4 | 6.0 | 242 | 1006 | 4.9 | 0.6 |
| / 039 A | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | Raw | 54.8 | 1.67 | 10.4 | 23.5 | 10.1 | 294 | 1219 | 6.1 | 3.3 |
| / 040 A | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | Raw | 61.5 | 2.12 | 13.2 | 14.0 | 10.1 | 219 | 914 | 5.9 | 3.6 |
| / 041 A | Bakers Butchers Beef Sausages | 60-81% | Raw | 59.7 | 2.07 | 12.9 | 12.4 | 11.9 | 211 | 881 | 7.4 | 3.8 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 042 Composite | Composite Sample of Category 11 Samples | 60-81% | Grilled | 51.3 | 2.75 | 17.2 | 17.2 | 11.1 | 268 | 1116 | 7.8 | 2.4 |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|--|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 028 A | Walls Thick Pork and Beef Sausages | 1 | <0.1 | 0.1 | 1.9 | <0.1 | <0.1 | 2.3 | 1.7 | 8.44 | 9.74 | 2.86 | 0.20 | 900 | 0.7 |
| / 029 A | Iceland 16 Thick Pork and Beef Sausages - Frozen | 1 | <0.1 | <0.1 | 2.6 | 0.3 | <0.1 | 1.8 | 1.4 | 9.21 | 9.46 | 2.17 | 0.38 | 850 | 1.0 |
| / 030 A | Tesco Thick Pork and Beef Sausages | 0.5 | <0.1 | 0.6 | 1.7 | <0.1 | <0.1 | 1.8 | 1.4 | 10.96 | 12.54 | 4.35 | 0.29 | 850 | 0.7 |
| / 031 A | Safeway Thick Pork and Beef Sausages | 1.3 | <0.1 | 0.4 | 2 | <0.1 | <0.1 | 2.4 | 0.9 | 9.51 | 10.80 | 4.30 | 0.21 | 940 | 0.5 |
| / 032 A | Waitrose British Pork and Beef Sausages | 1.6 | <0.1 | 0.2 | 1.6 | <0.1 | <0.1 | 2.2 | 1.4 | 5.41 | 5.34 | 2.22 | 0.18 | 790 | 1.0 |
| / 033 A | Co-op 8 Thick Pork and Beef Sausages | 1.2 | <0.1 | 0.6 | 3.9 | <0.1 | <0.1 | 2.0 | 2.0 | 7.39 | 8.22 | 3.17 | 0.22 | 620 | 0.8 |
| / 034 A | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 0.9 | <0.1 | 0.1 | 2.4 | 0.3 | <0.1 | 2.1 | 1.4 | 8.24 | 8.30 | 2.45 | 0.32 | 800 | 1.0 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|--|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 035 Composite | Composite Sample of Category 9 Samples | 0.8 | <0.1 | 0.4 | 1.4 | 0.1 | <0.1 | 3.3 | 2.0 | 5.31 | 5.68 | 2.15 | 0.14 | 1140 | 1.0 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|--|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 036 A | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 0.5 | 0.1 | 0.1 | 2.8 | <0.1 | <0.1 | 2.2 | 1.8 | 7.76 | 7.28 | 0.52 | 0.57 | 700 | 1.6 |
| / 037 A | Asda Aberdeen Angus Beef Sausages | 0.4 | 0.2 | 0.2 | 0.2 | <0.1 | <0.1 | 0.8 | 1.0 | 15.24 | 14.50 | 0.90 | 0.91 | 610 | 1.4 |
| / 038 A | Sainsbury's 8 Thick Premium British Beef Sausages | 0.3 | <0.1 | 0.1 | 0.2 | <0.1 | <0.1 | 0.7 | 0.8 | 8.35 | 7.19 | 0.51 | 0.63 | 840 | 1.5 |
| / 039 A | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 0.7 | <0.1 | <0.1 | 1.9 | 0.6 | <0.1 | 1.4 | 1.6 | 10.49 | 10.63 | 0.58 | 0.78 | 770 | 1.1 |
| / 040 A | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 0.7 | 0.4 | 1.9 | 0.5 | <0.1 | <0.1 | 1.6 | 1.6 | 6.38 | 6.17 | 0.43 | 0.40 | 620 | 1.4 |
| / 041 A | Bakers Butchers Beef Sausages | 0.5 | <0.1 | 0.1 | 3.2 | <0.1 | <0.1 | 2.2 | 1.7 | 6.34 | 4.64 | 0.41 | 0.46 | 880 | 1.4 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 042 Composite | Composite Sample of Category 11 Samples | 0.4 | 0.2 | 0.7 | 1 | 0.1 | <0.1 | 1.6 | 1.7 | 7.97 | 7.37 | 0.57 | 0.53 | 1040 | 1.0 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|--------------------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 043 A | Safeway Butchers Choice Turkey and Chicken Sausages | 57% turkey & 9% chicken | Raw | 62.3 | 2.26 | 14.1 | 14.8 | 5.4 | 211 | 880 | 2.2 | 2.9 |
| / 044 A | Tesco Butchers Choice British Turkey and Chicken Sausages | 42% turkey & 29% chicken | Raw | 66.4 | 2.22 | 13.9 | 8.9 | 8.7 | 170 | 713 | 6.1 | 2.0 |
| / 046 A | Asda Turkey 8 Fresh Sausages | 80% turkey | Raw | 67.6 | 2.49 | 15.6 | 8.6 | 7.5 | 170 | 710 | 5.2 | 1.8 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|---------------------------------|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 048 Composite | Composite Sample of Category 13 | 58-80% | Grilled | 56.5 | 3.10 | 19.4 | 12.1 | 8.7 | 221 | 925 | 6.1 | 2.0 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|--|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 049 A | Bowyers 95% Fat Free 8 Pork Sausages | 66% | Raw | 66.7 | 2.28 | 14.2 | 4.7 | 11.3 | 144 | 608 | 5.4 | 5.4 |
| / 050 A | Wall's Lean Recipe Pork Sausages | 67% | Raw | 68.0 | 2.47 | 15.4 | 5.5 | 7.9 | 143 | 600 | 4.1 | 3.5 |
| / 051 A | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | Raw | 70.8 | 2.26 | 14.1 | 3.0 | 7.6 | 114 | 481 | 5.7 | 1.3 |
| / 052 A | Sainsbury's Be Good To Yourself 8 Extra Lean Pork Sausages | 67% | Raw | 66.8 | 2.02 | 12.6 | 11.2 | 7.3 | 180 | 752 | 5.6 | 1.1 |
| / 053 A | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | Raw | 67.6 | 2.57 | 16.0 | 4.1 | 9.8 | 140 | 590 | 4.7 | 4.6 |
| / 054 A | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | Raw | 72.8 | 2.39 | 14.9 | 3.0 | 7.6 | 117 | 493 | 3.9 | 3.4 |
| / 055 A | Marks & Spencer Extra Lean Pork Sausages | 68% | Raw | 67.3 | 2.18 | 13.6 | 7.9 | 8.8 | 161 | 674 | 3.5 | 5.0 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 056 Composite | Composite Sample of Category 15 Samples | 61-68% | Grilled | 63.2 | 2.58 | 16.2 | 6.1 | 10.7 | 162 | 683 | 6.6 | 3.5 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 043 A | Safeway Butchers Choice Turkey and Chicken Sausages | 1.6 | 0.2 | 0.3 | 0.8 | <0.1 | <0.1 | 2.1 | 1.2 | 5.99 | 5.82 | 2.19 | 0.16 | 780 | 1.2 |
| / 044 A | Tesco Butchers Choice British Turkey and Chicken Sausages | 1.3 | <0.1 | 0.1 | 0.6 | <0.1 | <0.1 | 1.3 | 1.2 | 3.38 | 3.46 | 1.61 | 0.07 | 730 | 0.9 |
| / 046 A | Asda Turkey 8 Fresh Sausages | 0.3 | <0.1 | <0.1 | 1.4 | 0.1 | <0.1 | 1.3 | 1.5 | 2.95 | 3.34 | 1.83 | 0.10 | 620 | 1.0 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|---------------------------------|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 048 Composite | Composite Sample of Category 13 | 0.7 | 0.1 | 0.1 | 0.6 | <0.1 | <0.1 | 1.7 | 4.0 | 4.35 | 4.85 | 2.28 | 0.10 | 920 | 1.4 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|--|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 049 A | Bowyers 95% Fat Free 8 Pork Sausages | 2.1 | <0.1 | 0.1 | 2.8 | 0.4 | <0.1 | 2.7 | 4.8 | 1.70 | 1.77 | 0.98 | 0.04 | 760 | 0.9 |
| / 050 A | Wall's Lean Recipe Pork Sausages | 1.3 | <0.1 | <0.1 | 1.8 | 0.2 | <0.1 | 3.3 | 3.1 | 2.02 | 2.27 | 0.93 | 0.04 | 690 | 0.9 |
| / 051 A | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 0.3 | <0.1 | 0.2 | 0.8 | <0.1 | <0.1 | 2.5 | 1.2 | 1.11 | 1.17 | 0.58 | 0.03 | 850 | 0.8 |
| / 052 A | Sainsbury's Be Good To Yourself 8 Extra Lean Pork Sausages | 0.4 | <0.1 | 0.1 | 0.6 | <0.1 | <0.1 | 2.2 | 1.4 | 4.18 | 4.39 | 2.02 | 0.09 | 813 | 0.8 |
| / 053 A | Asda Good For You Less Than 5% Fat Pork Sausages | 1.5 | 0.1 | <0.1 | 2.9 | 0.1 | <0.1 | 2.8 | 2.3 | 1.49 | 1.57 | 0.81 | 0.04 | 690 | 1.1 |
| / 054 A | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 1.1 | <0.1 | 0.1 | 2.2 | <0.1 | <0.1 | 0.2 | 2.2 | 1.08 | 1.15 | 0.55 | 0.03 | 720 | 0.9 |
| / 055 A | Marks & Spencer Extra Lean Pork Sausages | 1.7 | <0.1 | <0.1 | 2.5 | 0.7 | <0.1 | 2.3 | 1.8 | 3.04 | 3.14 | 1.30 | 0.07 | 770 | 0.8 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 056 Composite | Composite Sample of Category 15 Samples | 1.2 | <0.1 | 0.1 | 1.9 | 0.1 | <0.1 | 2.5 | 2.1 | 2.24 | 2.39 | 1.15 | 0.05 | 870 | 1.1 |

Category 17: Vegetarian Sausages, raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 057 A | Quorn Sausages - Frozen | N/A | Raw | 71.0 | 2.16 | 13.5 | 4.1 | 6.9 | 119 | 500 | 5.5 | 0.9 |
| / 058 A | Cauldron Foods Cumberland Vegetarian Sausages | N/A | Raw | 67.3 | 1.68 | 10.5 | 9.2 | 7.2 | 153 | 640 | 5.2 | 1.5 |
| / 059 A | Linda McCartney 8 Sausages - Frozen | N/A | Raw | 50.0 | 3.72 | 23.3 | 13.6 | 8.9 | 251 | 1049 | 5.2 | 3.1 |
| / 060 A | Goodlife 6 Vegetarian Sausages | N/A | Raw | 65.5 | 0.47 | 2.9 | 7.5 | 20.2 | 160 | 670 | 12.8 | 6.2 |
| / 061 A | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | Raw | 62.6 | 1.89 | 11.8 | 8.5 | 7.3 | 153 | 640 | 5.1 | 1.8 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 062 Composite | Composite Sample of Category 17 Samples | N/A | Grilled | 60.8 | 2.28 | 14.2 | 8.9 | 8.7 | 172 | 719 | 5.5 | 2.6 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 063 A | Sainsbury's Low Price Thick Pork Sausages | 52% | Raw | 57.6 | 1.67 | 10.5 | 13.5 | 12.1 | 211 | 880 | 7.3 | 4.1 |
| / 064 A | Tesco Value 12 Pork Chipolatas | 52% | Raw | 47.2 | 1.70 | 10.6 | 28.6 | 11.2 | 345 | 1431 | 7.5 | 3.0 |
| / 065 A | Safeway Savers Pork Sausages | 53% | Raw | 52.4 | 1.39 | 8.7 | 24.6 | 12.6 | 306 | 1272 | 9.3 | 2.4 |
| / 066 A | Asda Smart Price 8 Thick Pork Sausages | 51% | Raw | 51.7 | 1.50 | 9.4 | 24.0 | 11.4 | 299 | 1241 | 7.0 | 3.7 |
| / 067 A | F A Gill Value Pork Sausages | 50% | Raw | 52.3 | 1.48 | 9.3 | 21.1 | 12.8 | 278 | 1157 | 8.9 | 3.1 |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|-----------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 068 Composite | Composite Sample of Category 19 Samples | 50-53% | Grilled | 50.4 | 2.17 | 13.6 | 13.3 | 16.9 | 242 | 1010 | 12.7 | 2.9 |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | Sample Description | % Meat (Approx) | Condition for Analysis | Water g/100g | Nitrogen g/100g | Protein g/100g | Total Fat g/100g | Avail. CHO as monosaccharide g/100g | Energy | | Starch g/100g | Total Sugars as monosaccharide g/100g |
|------------|---|-----------------|------------------------|-----------------|--------------------|-------------------|---------------------|--|--------|------|------------------|--|
| | | | | | | | | | (kcal) | (kJ) | | |
| / 069 A | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | Raw | 57.1 | 1.36 | 8.5 | 21.2 | 10.7 | 267 | 1109 | 6.7 | 3.4 |
| / 070 A | Tesco 24 Pork Cocktail Sausages | 67% | Raw | 48.2 | 1.97 | 12.3 | 25.9 | 11.6 | 329 | 1364 | 7.2 | 3.7 |
| / 071 A | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | Raw | 67.0 | 1.78 | 11.1 | 11.4 | 9.9 | 187 | 779 | 6.2 | 3.1 |

Category 17: Vegetarian Sausages, raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 057 A | Quorn Sausages - Frozen | 0.5 | 0.1 | 0.2 | <0.1 | 0.2 | <0.1 | 4.1 | 3.0 | 1.50 | 1.10 | 0.99 | 0.36 | 730 | 7.9 |
| / 058 A | Cauldron Foods Cumberland Vegetarian Sausages | 0.3 | 0.6 | 0.6 | <0.1 | <0.1 | <0.1 | 4.1 | 2.1 | 3.51 | 1.82 | 1.87 | 1.58 | 610 | 1.8 |
| / 059 A | Linda McCartney 8 Sausages - Frozen | 0.6 | 0.1 | 0.1 | 2.3 | <0.1 | <0.1 | 1.5 | 1.6 | 5.30 | 3.81 | 1.47 | 2.42 | 820 | 5.0 |
| / 060 A | Goodlife 6 Vegetarian Sausages | 0.9 | 0.9 | 1 | 0.5 | 2.7 | <0.1 | 4.1 | 2.7 | 2.51 | 2.96 | 1.08 | 0.57 | 440 | 0.9 |
| / 061 A | Tesco Vegetarian Lincolnshire Sausages - Frozen | 0.4 | 0.7 | 0.5 | 0.1 | <0.1 | <0.1 | 6.5 | 2.2 | 3.40 | 1.76 | 1.68 | 1.28 | 870 | 2.3 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 062 Composite | Composite Sample of Category 17 Samples | 0.5 | 0.5 | 0.6 | 0.4 | 0.6 | <0.1 | 3.5 | 2.4 | 3.40 | 2.23 | 1.57 | 1.30 | 760 | 3.6 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 063 A | Sainsbury's Low Price Thick Pork Sausages | 0.8 | <0.1 | 0.2 | 2.9 | <0.1 | <0.1 | 2.7 | 1.4 | 4.95 | 5.27 | 2.49 | 0.15 | 780 | 0.6 |
| / 064 A | Tesco Value 12 Pork Chipolatas | 0.8 | <0.1 | 0.5 | 1.6 | <0.1 | <0.1 | 1.7 | 1.6 | 10.74 | 12.15 | 4.20 | 0.28 | 770 | 0.5 |
| / 065 A | Safeway Savers Pork Sausages | 0.6 | <0.1 | 0.2 | 1.5 | <0.1 | <0.1 | 1.8 | 0.7 | 8.96 | 10.33 | 3.99 | 0.24 | 750 | 0.6 |
| / 066 A | Asda Smart Price 8 Thick Pork Sausages | 1.1 | <0.1 | 0.1 | 2.5 | <0.1 | <0.1 | 2.3 | 1.9 | 9.16 | 10.08 | 3.50 | 0.21 | 770 | 1.2 |
| / 067 A | F A Gill Value Pork Sausages | 0.5 | <0.1 | 0.1 | 2.3 | <0.1 | <0.1 | 2.3 | 2.0 | 7.98 | 8.77 | 3.31 | 0.12 | 810 | 1.0 |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|-----------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 068 Composite | Composite Sample of Category 19 Samples | 0.6 | <0.1 | 0.3 | 1.9 | <0.1 | <0.1 | 2.5 | 1.9 | 5.02 | 5.40 | 2.18 | 0.10 | 1150 | 1.1 |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | Sample Description | Glucose | Fructose | Sucrose | Maltose | Lactose | Galactose | Fibre (AOAC) | Fibre (Englyst) | Saturates | Monounsaturates (Cis) | Polyunsaturates (Cis) | Trans. | Sodium | Iron |
|------------|---|---------|----------|---------|---------|---------|-----------|--------------|-----------------|-----------|-----------------------|-----------------------|--------|--------|---------|
| | | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | g/100g | mg/100g |
| / 069 A | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 1 | <0.1 | 0.1 | 2.3 | <0.1 | <0.1 | 2.1 | 1.6 | 8.13 | 8.76 | 3.20 | 0.14 | 550 | 0.7 |
| / 070 A | Tesco 24 Pork Cocktail Sausages | 1.8 | <0.1 | 0.3 | 1.5 | <0.1 | <0.1 | 2.7 | 1.6 | 9.44 | 10.83 | 4.30 | 0.20 | 750 | 0.7 |
| / 071 A | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 0.7 | <0.1 | 0.1 | 2.2 | <0.1 | <0.1 | 1.6 | 2.6 | 4.34 | 4.60 | 1.89 | 0.08 | 530 | 0.8 |

Table 4: Fatty Acid Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 001 A | 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | Raw | 12.10 | 4.54 | 4.86 | 2.04 | 1.83 | 0.16 | 0.13 | 0.03 |
| / 002 A | 1.02 | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | 89% | Raw | 19.34 | 7.44 | 7.61 | 3.32 | 2.94 | 0.29 | 0.12 | 0.01 |
| / 003 A | 1.03 | Tesco Finest 6 Traditional Pork Sausages | 82% | Raw | 20.14 | 7.68 | 8.15 | 3.25 | 2.87 | 0.30 | 0.18 | 0.01 |
| / 004 A | 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | Raw | 20.39 | 7.77 | 8.46 | 3.11 | 2.76 | 0.27 | 0.15 | 0.01 |
| / 005 A | 1.05 | Safeway 6 Olde English Style Pork Sausages | 79% | Raw | 25.70 | 10.32 | 10.10 | 4.01 | 3.54 | 0.35 | 0.14 | 0.02 |
| / 006 A | 1.06 | Marks & Spencer Premium Pork Sausages | 93% | Raw | 28.22 | 10.48 | 11.68 | 4.69 | 4.02 | 0.53 | 0.13 | 0.01 |
| / 007 A | 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | Raw | 18.00 | 6.54 | 7.39 | 3.12 | 2.75 | 0.27 | 0.16 | 0.01 |
| / 008 A | 1.08 | Waitrose 12 Free Range Pork Chipolatas | 85% | Raw | 19.00 | 6.85 | 7.19 | 4.05 | 3.52 | 0.41 | 0.08 | 0.00 |
| / 009 A | 1.09 | Co-op Butchers 8 Select Pork Sausages | 73% | Raw | 29.67 | 13.15 | 10.66 | 4.33 | 3.84 | 0.38 | 0.23 | 0.01 |
| / 010 A | 1.10 | K J Flatman Premium Pork Sausages | 73-95% | Raw | 17.90 | 6.91 | 7.16 | 2.92 | 2.60 | 0.23 | 0.13 | 0.01 |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 011 Composite | 2.01-10 | Composite Sample of Category 1 Samples | 73-95% | Grilled | 21.10 | 8.03 | 8.36 | 3.62 | 3.20 | 0.31 | 0.16 | 0.03 |

Category 3: "High Quality" Sausages (approx. 70-80% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---------------------|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 012 Composite | 3.01-07 | Composite Sample | 70-80% | Raw | 25.20 | 9.43 | 10.49 | 3.98 | 3.49 | 0.36 | 0.19 | 0.02 |

Table 4: Fatty Acid Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 001 A | 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.17 | 0.02 | 2.76 | 0.06 | 1.44 | 0.04 | 0.00 | 0.00 |
| / 002 A | 1.02 | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.23 | 0.00 | 4.63 | 0.04 | 2.43 | 0.04 | 0.00 | 0.00 |
| / 003 A | 1.03 | Tesco Finest 6 Traditional Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.26 | 0.04 | 4.77 | 0.06 | 2.43 | 0.05 | 0.00 | 0.00 |
| / 004 A | 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.27 | 0.02 | 4.95 | 0.04 | 2.37 | 0.04 | 0.00 | 0.00 |
| / 005 A | 1.05 | Safeway 6 Olde English Style Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.34 | 0.00 | 6.29 | 0.08 | 3.43 | 0.06 | 0.00 | 0.00 |
| / 006 A | 1.06 | Marks & Spencer Premium Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.38 | 0.00 | 6.68 | 0.07 | 3.16 | 0.07 | 0.00 | 0.00 |
| / 007 A | 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.22 | 0.00 | 4.12 | 0.05 | 2.03 | 0.04 | 0.00 | 0.00 |
| / 008 A | 1.08 | Waitrose 12 Free Range Pork Chipolatas | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.23 | 0.00 | 4.28 | 0.03 | 2.26 | 0.03 | 0.00 | 0.00 |
| / 009 A | 1.09 | Co-op Butchers 8 Select Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.42 | 0.00 | 7.89 | 0.08 | 4.61 | 0.03 | 0.00 | 0.00 |
| / 010 A | 1.10 | K J Flatman Premium Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.22 | 0.00 | 4.38 | 0.05 | 2.14 | 0.04 | 0.00 | 0.00 |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 011 Composite | 2.01-10 | Composite Sample of Category 1 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.26 | 0.00 | 4.93 | 0.06 | 2.61 | 0.05 | 0.00 | 0.00 |

Category 3: "High Quality" Sausages (approx. 70-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---------------------|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 012 Composite | 3.01-07 | Composite Sample | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.34 | 0.00 | 5.95 | 0.05 | 2.95 | 0.06 | 0.00 | 0.00 |

Table 4: Fatty Acid Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 001 A | 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 0.00 | 0.00 | 0.21 | 0.04 | 0.04 | 4.52 | 0.07 | 0.08 | 0.00 | 0.00 | 0.11 |
| / 002 A | 1.02 | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | 0.00 | 0.00 | 0.31 | 0.06 | 0.02 | 7.15 | 0.05 | 0.11 | 0.00 | 0.00 | 0.11 |
| / 003 A | 1.03 | Tesco Finest 6 Traditional Pork Sausages | 0.00 | 0.00 | 0.32 | 0.07 | 0.04 | 7.66 | 0.09 | 0.12 | 0.00 | 0.00 | 0.16 |
| / 004 A | 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 0.00 | 0.00 | 0.51 | 0.06 | 0.03 | 7.80 | 0.06 | 0.12 | 0.00 | 0.00 | 0.12 |
| / 005 A | 1.05 | Safeway 6 Olde English Style Pork Sausages | 0.00 | 0.00 | 0.52 | 0.09 | 0.05 | 9.35 | 0.05 | 0.16 | 0.00 | 0.00 | 0.14 |
| / 006 A | 1.06 | Marks & Spencer Premium Pork Sausages | 0.00 | 0.00 | 0.67 | 0.08 | 0.06 | 10.74 | 0.05 | 0.20 | 0.00 | 0.00 | 0.13 |
| / 007 A | 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 0.00 | 0.00 | 0.39 | 0.07 | 0.04 | 6.84 | 0.08 | 0.11 | 0.00 | 0.00 | 0.15 |
| / 008 A | 1.08 | Waitrose 12 Free Range Pork Chipolatas | 0.00 | 0.00 | 0.31 | 0.04 | 0.00 | 6.73 | 0.02 | 0.12 | 0.00 | 0.00 | 0.06 |
| / 009 A | 1.09 | Co-op Butchers 8 Select Pork Sausages | 0.00 | 0.00 | 0.49 | 0.10 | 0.05 | 9.95 | 0.11 | 0.17 | 0.00 | 0.00 | 0.21 |
| / 010 A | 1.10 | K J Flatman Premium Pork Sausages | 0.00 | 0.00 | 0.32 | 0.06 | 0.04 | 6.66 | 0.06 | 0.12 | 0.00 | 0.00 | 0.12 |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 011 Composite | 2.01-10 | Composite Sample of Category 1 Samples | 0.00 | 0.00 | 0.35 | 0.07 | 0.00 | 7.86 | 0.07 | 0.13 | 0.00 | 0.00 | 0.14 |

Category 3: "High Quality" Sausages (approx. 70-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---------------------|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 012 Composite | 3.01-07 | Composite Sample | 0.00 | 0.00 | 0.53 | 0.07 | 0.04 | 9.71 | 0.10 | 0.20 | 0.00 | 0.00 | 0.17 |

Table 4: Fatty Acid Data of the Individual Sausages Sub-Samples

Category 1: "Premium" Pork Sausages (approx. 73-95% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 001 A | 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 0.02 | 1.74 | 0.00 | 0.01 | 0.05 | 0.01 | 0.12 | 0.00 | 0.00 | 0.02 | 0.00 | 0.02 |
| / 002 A | 1.02 | Duchy Originals 6 Old Fashioned Free Range Pork Sausages with Herbs | Tr | 2.86 | 0.00 | 0.00 | 0.05 | 0.00 | 0.22 | 0.00 | 0.00 | 0.03 | 0.02 | Tr |
| / 003 A | 1.03 | Tesco Finest 6 Traditional Pork Sausages | 0.02 | 2.77 | 0.00 | 0.00 | 0.05 | 0.00 | 0.22 | 0.00 | 0.02 | 0.03 | 0.03 | 0.02 |
| / 004 A | 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | Tr | 2.67 | 0.00 | 0.00 | 0.05 | 0.00 | 0.20 | 0.00 | 0.00 | 0.03 | 0.03 | Tr |
| / 005 A | 1.05 | Safeway 6 Olde English Style Pork Sausages | 0.00 | 3.43 | 0.00 | 0.00 | 0.05 | 0.00 | 0.26 | 0.00 | 0.00 | 0.04 | 0.03 | 0.00 |
| / 006 A | 1.06 | Marks & Spencer Premium Pork Sausages | 0.00 | 3.91 | 0.00 | 0.00 | 0.05 | 0.00 | 0.40 | 0.00 | 0.02 | 0.06 | 0.05 | 0.00 |
| / 007 A | 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 0.02 | 2.66 | 0.00 | 0.02 | 0.05 | 0.00 | 0.20 | 0.00 | 0.02 | 0.03 | 0.02 | 0.02 |
| / 008 A | 1.08 | Waitrose 12 Free Range Pork Chipolatas | Tr | 3.43 | 0.00 | 0.02 | 0.06 | 0.00 | 0.32 | 0.00 | 0.00 | 0.05 | 0.03 | Tr |
| / 009 A | 1.09 | Co-op Butchers 8 Select Pork Sausages | Tr | 3.73 | 0.00 | 0.00 | 0.05 | 0.00 | 0.29 | 0.00 | 0.00 | 0.04 | 0.03 | Tr |
| / 010 A | 1.10 | K J Flatman Premium Pork Sausages | Tr | 2.52 | 0.00 | 0.00 | 0.04 | 0.00 | 0.19 | 0.00 | 0.00 | 0.02 | 0.00 | Tr |

Category 2: "Premium" Pork Sausages (approx. 73-95% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 011 Composite | 2.01-10 | Composite Sample of Category 1 Samples | Tr | 3.10 | 0.00 | 0.00 | 0.06 | 0.00 | 0.24 | 0.00 | 0.00 | 0.04 | 0.02 | Tr |

Category 3: "High Quality" Sausages (approx. 70-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---------------------|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 012 Composite | 3.01-07 | Composite Sample | Tr | 3.39 | 0.00 | 0.00 | 0.06 | 0.00 | 0.29 | 0.00 | 0.00 | 0.04 | 0.02 | Tr |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 013 A | 4.01 | Walls 8 Thick Pork Sausages | 67% | Raw | 27.56 | 11.06 | 11.75 | 3.33 | 2.95 | 0.28 | 0.21 | 0.01 |
| / 014 A | 4.02 | Richmond Irish Recipe 12 Fresh Sausages | 51% | Raw | 24.90 | 9.30 | 10.80 | 3.49 | 3.09 | 0.30 | 0.21 | 0.02 |
| / 015 A | 4.03 | Tesco 8 Thick Pork Sausages | 67% | Raw | 25.82 | 9.74 | 11.01 | 3.74 | 3.33 | 0.31 | 0.20 | 0.01 |
| / 016 A | 4.04 | Sainsbury's Pork Sausages | 67% | Raw | 23.40 | 8.80 | 9.60 | 3.77 | 3.36 | 0.30 | 0.20 | 0.05 |
| / 017 A | 4.05 | Safeway 8 Pork Skinless Sausages | 68% | Raw | 19.00 | 6.75 | 7.78 | 3.47 | 3.07 | 0.30 | 0.16 | 0.01 |
| / 018 A | 4.06 | Asda 8 Thick Pork Sausages | 65% | Raw | 24.62 | 9.37 | 10.39 | 3.57 | 3.18 | 0.28 | 0.20 | 0.01 |
| / 019 A | 4.07 | Somerfield 12 Thick Pork Sausages 50% Extra | 66% | Raw | 20.82 | 8.15 | 8.45 | 3.15 | 2.81 | 0.26 | 0.15 | 0.01 |
| / 020 A | 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | Raw | 22.19 | 8.22 | 9.35 | 3.45 | 3.07 | 0.29 | 0.19 | 0.01 |
| / 021 A | 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 66% | Raw | 30.54 | 12.11 | 12.95 | 3.91 | 3.51 | 0.29 | 0.23 | 0.02 |
| / 022 A | 4.10 | D G Pritchard Thin Pork Sausages | 65% | Raw | 13.49 | 5.69 | 5.28 | 1.79 | 1.58 | 0.16 | 0.14 | 0.01 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 023 Composite | 5.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled | 19.90 | 7.71 | 8.25 | 2.90 | 2.60 | 0.22 | 0.17 | 0.02 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled and pricked

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 024 Composite | 6.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled & Pricked | 18.90 | 7.32 | 7.84 | 2.75 | 2.46 | 0.22 | 0.15 | 0.02 |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 025 Composite | 7.01-10 | Composite Sample of Category 4 Samples | 50-70% | Fried | 20.80 | 7.88 | 8.75 | 3.10 | 2.74 | 0.27 | 0.16 | 0.02 |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 013 A | 4.01 | Walls 8 Thick Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.37 | 0.00 | 6.83 | 0.07 | 3.60 | 0.07 | 0.00 | 0.00 |
| / 014 A | 4.02 | Richmond Irish Recipe 12 Fresh Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.34 | 0.00 | 5.85 | 0.06 | 2.83 | 0.06 | 0.00 | 0.00 |
| / 015 A | 4.03 | Tesco 8 Thick Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.32 | 0.00 | 6.07 | 0.07 | 3.09 | 0.06 | 0.00 | 0.00 |
| / 016 A | 4.04 | Sainsbury's Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.31 | 0.03 | 5.42 | 0.09 | 2.74 | 0.09 | 0.03 | 0.00 |
| / 017 A | 4.05 | Safeway 8 Pork Skinless Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.23 | 0.00 | 4.28 | 0.04 | 2.06 | 0.04 | 0.00 | 0.00 |
| / 018 A | 4.06 | Asda 8 Thick Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.31 | 0.00 | 5.90 | 0.07 | 2.95 | 0.06 | 0.00 | 0.00 |
| / 019 A | 4.07 | Somerfield 12 Thick Pork Sausages 50% Extra | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.26 | 0.00 | 5.11 | 0.05 | 2.59 | 0.04 | 0.00 | 0.00 |
| / 020 A | 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.27 | 0.00 | 5.12 | 0.06 | 2.60 | 0.06 | 0.00 | 0.00 |
| / 021 A | 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.44 | 0.00 | 7.60 | 0.08 | 3.77 | 0.07 | 0.00 | 0.00 |
| / 022 A | 4.10 | D G Pritchard Thin Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.23 | 0.02 | 3.38 | 0.03 | 1.95 | 0.03 | 0.00 | 0.00 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 023 Composite | 5.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.28 | 0.02 | 4.80 | 0.06 | 2.42 | 0.06 | 0.00 | 0.00 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled and pricked

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 024 Composite | 6.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.00 | 0.02 | 0.03 | 0.27 | 0.02 | 4.55 | 0.06 | 2.29 | 0.06 | 0.00 | 0.00 |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 025 Composite | 7.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.28 | 0.02 | 4.89 | 0.05 | 2.51 | 0.04 | 0.03 | 0.00 |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 013 A | 4.01 | Walls 8 Thick Pork Sausages | 0.00 | 0.00 | 0.50 | 0.07 | 0.06 | 10.98 | 0.11 | 0.19 | 0.00 | 0.00 | 0.18 |
| / 014 A | 4.02 | Richmond Irish Recipe 12 Fresh Sausages | 0.00 | 0.00 | 0.52 | 0.07 | 0.06 | 10.04 | 0.11 | 0.18 | 0.00 | 0.00 | 0.18 |
| / 015 A | 4.03 | Tesco 8 Thick Pork Sausages | 0.00 | 0.00 | 0.44 | 0.08 | 0.07 | 10.32 | 0.10 | 0.17 | 0.00 | 0.00 | 0.18 |
| / 016 A | 4.04 | Sainsbury's Pork Sausages | 0.00 | 0.00 | 0.47 | 0.07 | 0.06 | 8.90 | 0.10 | 0.15 | 0.00 | 0.00 | 0.17 |
| / 017 A | 4.05 | Safeway 8 Pork Skinless Sausages | 0.00 | 0.00 | 0.34 | 0.06 | 0.04 | 7.27 | 0.08 | 0.12 | 0.00 | 0.00 | 0.14 |
| / 018 A | 4.06 | Asda 8 Thick Pork Sausages | 0.00 | 0.00 | 0.47 | 0.08 | 0.06 | 9.68 | 0.09 | 0.17 | 0.00 | 0.00 | 0.17 |
| / 019 A | 4.07 | Somerfield 12 Thick Pork Sausages 50% Extra | 0.00 | 0.00 | 0.44 | 0.06 | 0.04 | 7.84 | 0.08 | 0.12 | 0.00 | 0.00 | 0.14 |
| / 020 A | 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 0.00 | 0.00 | 0.40 | 0.08 | 0.04 | 8.77 | 0.08 | 0.14 | 0.00 | 0.00 | 0.16 |
| / 021 A | 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 0.00 | 0.00 | 0.72 | 0.08 | 0.07 | 11.94 | 0.11 | 0.20 | 0.00 | 0.00 | 0.19 |
| / 022 A | 4.10 | D G Pritchard Thin Pork Sausages | 0.00 | 0.00 | 0.23 | 0.04 | 0.02 | 4.90 | 0.09 | 0.10 | 0.03 | 0.00 | 0.13 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 023 Composite | 5.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.42 | 0.06 | 0.04 | 7.65 | 0.08 | 0.13 | 0.00 | 0.00 | 0.14 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled and pricked

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 024 Composite | 6.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.39 | 0.06 | 0.04 | 7.28 | 0.07 | 0.12 | 0.00 | 0.00 | 0.13 |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 025 Composite | 7.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.42 | 0.05 | 0.04 | 8.13 | 0.09 | 0.15 | 0.00 | 0.00 | 0.14 |

Category 4: "Standard" Pork Sausages (approx. 50-70% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 013 A | 4.01 | Walls 8 Thick Pork Sausages | Tr | 2.87 | 0.00 | 0.00 | 0.03 | 0.00 | 0.22 | 0.00 | 0.00 | 0.00 | 0.00 | 0.18 |
| / 014 A | 4.02 | Richmond Irish Recipe 12 Fresh Sausages | 0.03 | 2.99 | 0.00 | 0.00 | 0.04 | 0.00 | 0.25 | 0.00 | 0.00 | 0.03 | 0.00 | 0.03 |
| / 015 A | 4.03 | Tesco 8 Thick Pork Sausages | Tr | 3.22 | 0.00 | 0.00 | 0.05 | 0.00 | 0.23 | 0.00 | 0.03 | 0.03 | 0.00 | Tr |
| / 016 A | 4.04 | Sainsbury's Pork Sausages | 0.03 | 3.24 | 0.00 | 0.00 | 0.06 | 0.00 | 0.26 | 0.00 | 0.00 | 0.03 | 0.00 | 0.03 |
| / 017 A | 4.05 | Safeway 8 Pork Skinless Sausages | Tr | 2.97 | 0.00 | 0.02 | 0.05 | 0.00 | 0.24 | 0.00 | 0.00 | 0.04 | 0.02 | Tr |
| / 018 A | 4.06 | Asda 8 Thick Pork Sausages | Tr | 3.08 | 0.00 | 0.00 | 0.05 | 0.00 | 0.23 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |
| / 019 A | 4.07 | Somerfield 12 Thick Pork Sausages 50% Extra | Tr | 2.72 | 0.00 | 0.00 | 0.04 | 0.00 | 0.20 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |
| / 020 A | 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 0.02 | 2.97 | 0.00 | 0.00 | 0.05 | 0.00 | 0.23 | 0.00 | 0.00 | 0.03 | 0.00 | 0.02 |
| / 021 A | 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 0.03 | 3.39 | 0.00 | 0.00 | 0.05 | 0.00 | 0.24 | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 |
| / 022 A | 4.10 | D G Pritchard Thin Pork Sausages | 0.01 | 1.52 | 0.00 | 0.00 | 0.03 | 0.00 | 0.11 | 0.00 | 0.00 | 0.03 | 0.02 | 0.01 |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 023 Composite | 5.01-10 | Composite Sample of Category 4 Samples | Tr | 2.51 | 0.00 | 0.00 | 0.05 | 0.00 | 0.18 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 5: "Standard" Pork Sausages (approx. 50-70% meat), grilled and pricked

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 024 Composite | 6.01-10 | Composite Sample of Category 4 Samples | Tr | 2.37 | 0.00 | 0.00 | 0.04 | 0.00 | 0.17 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 6: "Standard" Pork Sausages (approx. 50-70% meat), fried

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 025 Composite | 7.01-10 | Composite Sample of Category 4 Samples | Tr | 2.64 | 0.00 | 0.00 | 0.05 | 0.00 | 0.23 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 026 Composite | 8.01-10 | Composite Sample of Category 4 Samples | 50-70% | Oven Baked | 19.90 | 7.88 | 8.08 | 2.93 | 2.60 | 0.24 | 0.14 | 0.30 |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 027 Composite | 9.01-10 | Composite Sample of Category 4 Samples | 50-70% | Barbecued | 18.10 | 6.89 | 7.53 | 2.73 | 2.42 | 0.22 | 0.15 | 0.02 |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|--|----------------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 028 A | 10.01 | Walls Thick Pork and Beef Sausages | 50% pork & 1% beef | Raw | 22.20 | 8.44 | 9.74 | 2.86 | 2.56 | 0.22 | 0.20 | 0.02 |
| / 029 A | 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47% pork & 6% beef | Raw | 19.59 | 8.13 | 8.35 | 1.91 | 1.69 | 0.18 | 0.33 | 0.14 |
| / 030 A | 10.03 | Tesco Thick Pork and Beef Sausages | 48% pork & 2.5% beef | Raw | 29.45 | 10.96 | 12.54 | 4.35 | 3.84 | 0.36 | 0.29 | 0.05 |
| / 031 A | 10.04 | Safeway Thick Pork and Beef Sausages | 49% pork & 3% beef | Raw | 25.97 | 9.51 | 10.80 | 4.30 | 3.82 | 0.36 | 0.21 | 0.01 |
| / 032 A | 10.05 | Waitrose British Pork and Beef Sausages | 45% pork & 6% beef | Raw | 13.75 | 5.41 | 5.34 | 2.22 | 1.96 | 0.20 | 0.18 | 0.05 |
| / 033 A | 10.06 | Co-op 8 Thick Pork and Beef Sausages | 49% pork & 2% beef | Raw | 19.87 | 7.39 | 8.22 | 3.17 | 2.81 | 0.27 | 0.22 | 0.03 |
| / 034 A | 10.07 | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 46% pork & 6% beef | Raw | 20.20 | 8.24 | 8.30 | 2.45 | 2.14 | 0.25 | 0.32 | 0.17 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 035 Composite | 11.01-07 | Composite Sample of Category 9 Samples | 50-68% | Grilled | 13.90 | 5.31 | 5.68 | 2.15 | 1.89 | 0.18 | 0.14 | 0.03 |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 026 Composite | 8.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.27 | 0.00 | 4.72 | 0.05 | 2.42 | 0.05 | 0.03 | 0.00 |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 027 Composite | 9.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.24 | 0.00 | 4.25 | 0.06 | 2.22 | 0.05 | 0.00 | 0.00 |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 028 A | 10.01 | Walls Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.31 | 0.00 | 5.34 | 0.06 | 2.56 | 0.05 | 0.00 | 0.00 |
| / 029 A | 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.41 | 0.07 | 4.86 | 0.10 | 2.39 | 0.09 | 0.00 | 0.00 |
| / 030 A | 10.03 | Tesco Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.43 | 0.03 | 6.82 | 0.08 | 3.40 | 0.05 | 0.00 | 0.00 |
| / 031 A | 10.04 | Safeway Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.33 | 0.00 | 5.95 | 0.07 | 2.97 | 0.06 | 0.00 | 0.00 |
| / 032 A | 10.05 | Waitrose British Pork and Beef Sausages | 0.00 | 0.00 | 0.00 | 0.02 | 0.02 | 0.23 | 0.04 | 3.24 | 0.05 | 1.70 | 0.04 | 0.00 | 0.00 |
| / 033 A | 10.06 | Co-op 8 Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.28 | 0.00 | 4.65 | 0.05 | 2.23 | 0.04 | 0.00 | 0.00 |
| / 034 A | 10.07 | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.43 | 0.05 | 4.82 | 0.11 | 2.49 | 0.11 | 0.02 | 0.00 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 035 Composite | 11.01-07 | Composite Sample of Category 9 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.22 | 0.00 | 3.30 | 0.05 | 1.63 | 0.04 | 0.00 | 0.00 |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 026 Composite | 8.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.40 | 0.05 | 0.04 | 7.50 | 0.07 | 0.14 | 0.00 | 0.00 | 0.12 |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 027 Composite | 9.01-10 | Composite Sample of Category 4 Samples | 0.00 | 0.00 | 0.37 | 0.06 | 0.04 | 7.00 | 0.08 | 0.13 | 0.00 | 0.00 | 0.14 |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 028 A | 10.01 | Walls Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.50 | 0.06 | 0.06 | 9.03 | 0.11 | 0.14 | 0.00 | 0.00 | 0.17 |
| / 029 A | 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 0.10 | 0.00 | 0.64 | 0.05 | 0.08 | 7.45 | 0.25 | 0.08 | 0.00 | 0.00 | 0.30 |
| / 030 A | 10.03 | Tesco Thick Pork and Beef Sausages | 0.03 | 0.00 | 0.57 | 0.10 | 0.07 | 11.62 | 0.16 | 0.25 | 0.00 | 0.00 | 0.26 |
| / 031 A | 10.04 | Safeway Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.54 | 0.09 | 0.05 | 10.04 | 0.12 | 0.17 | 0.00 | 0.00 | 0.21 |
| / 032 A | 10.05 | Waitrose British Pork and Beef Sausages | 0.02 | 0.00 | 0.30 | 0.05 | 0.02 | 4.93 | 0.12 | 0.07 | 0.00 | 0.00 | 0.17 |
| / 033 A | 10.06 | Co-op 8 Thick Pork and Beef Sausages | 0.00 | 0.00 | 0.40 | 0.06 | 0.05 | 7.63 | 0.14 | 0.12 | 0.00 | 0.00 | 0.20 |
| / 034 A | 10.07 | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 0.07 | 0.00 | 0.58 | 0.05 | 0.09 | 7.47 | 0.23 | 0.09 | 0.00 | 0.00 | 0.28 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 035 Composite | 11.01-07 | Composite Sample of Category 9 Samples | 0.02 | 0.00 | 0.32 | 0.04 | 0.03 | 5.23 | 0.09 | 0.09 | 0.00 | 0.00 | 0.13 |

Category 7: "Standard" Pork Sausages (approx. 50-70% meat), oven baked

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 026 Composite | 8.01-10 | Composite Sample of Category 4 Samples | Tr | 2.50 | 0.00 | 0.00 | 0.05 | 0.00 | 0.19 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 8: "Standard" Pork Sausages (approx. 50-70% meat), barbecued

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 027 Composite | 9.01-10 | Composite Sample of Category 4 Samples | Tr | 2.35 | 0.00 | 0.00 | 0.05 | 0.00 | 0.18 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 9: Pork & Beef Sausages (approx. 50-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 028 A | 10.01 | Walls Thick Pork and Beef Sausages | 0.03 | 2.48 | 0.00 | 0.00 | 0.04 | 0.00 | 0.18 | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 |
| / 029 A | 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 0.04 | 1.63 | 0.00 | 0.00 | 0.03 | 0.00 | 0.14 | 0.00 | 0.00 | 0.02 | 0.00 | 0.04 |
| / 030 A | 10.03 | Tesco Thick Pork and Beef Sausages | 0.16 | 3.73 | 0.00 | 0.00 | 0.04 | 0.00 | 0.28 | 0.00 | 0.00 | 0.03 | 0.00 | 0.03 |
| / 031 A | 10.04 | Safeway Thick Pork and Beef Sausages | 0.00 | 3.72 | 0.00 | 0.00 | 0.05 | 0.00 | 0.28 | 0.00 | 0.00 | 0.03 | 0.03 | 0.00 |
| / 032 A | 10.05 | Waitrose British Pork and Beef Sausages | 0.02 | 1.90 | 0.00 | 0.00 | 0.03 | 0.00 | 0.15 | 0.00 | 0.00 | 0.02 | 0.01 | 0.02 |
| / 033 A | 10.06 | Co-op 8 Thick Pork and Beef Sausages | 0.02 | 2.73 | 0.00 | 0.00 | 0.04 | 0.00 | 0.21 | 0.00 | 0.00 | 0.03 | 0.02 | 0.02 |
| / 034 A | 10.07 | Belchers Thick Pork and Beef Sausages Family Value Pack - Frozen | 0.03 | 2.07 | 0.00 | 0.00 | 0.04 | 0.00 | 0.20 | 0.00 | 0.00 | 0.02 | 0.00 | 0.03 |

Category 10: Pork & Beef Sausages (approx. 50-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 035 Composite | 11.01-07 | Composite Sample of Category 9 Samples | 0.01 | 1.83 | 0.00 | 0.02 | 0.04 | 0.00 | 0.15 | 0.00 | 0.00 | 0.02 | 0.00 | 0.01 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 036 A | 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | Raw | 16.87 | 7.76 | 7.28 | 0.52 | 0.39 | 0.10 | 0.57 | 0.23 |
| / 037 A | 12.02 | Asda Aberdeen Angus Beef Sausages | 75% | Raw | 33.00 | 15.24 | 14.50 | 0.90 | 0.71 | 0.18 | 0.91 | 0.51 |
| / 038 A | 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | Raw | 17.44 | 8.35 | 7.19 | 0.51 | 0.39 | 0.11 | 0.63 | 0.30 |
| / 039 A | 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | Raw | 23.52 | 10.49 | 10.63 | 0.58 | 0.46 | 0.11 | 0.78 | 0.35 |
| / 040 A | 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | Raw | 14.00 | 6.38 | 6.17 | 0.43 | 0.37 | 0.06 | 0.40 | 0.19 |
| / 041 A | 12.06 | Bakers Butchers Beef Sausages | 60-81% | Raw | 12.40 | 6.34 | 4.64 | 0.41 | 0.33 | 0.07 | 0.46 | 0.22 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 042 Composite | 13.01-06 | Composite Sample of Category 11 Samples | 60-81% | Grilled | 17.20 | 7.97 | 7.37 | 0.57 | 0.45 | 0.11 | 0.53 | 0.26 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|--------------------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 043 A | 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 57% turkey & 9% chicken | Raw | 14.82 | 5.99 | 5.82 | 2.19 | 2.04 | 0.14 | 0.16 | 0.00 |
| / 044 A | 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 42% turkey & 29% chicken | Raw | 8.91 | 3.38 | 3.46 | 1.61 | 1.47 | 0.13 | 0.07 | 0.00 |
| / 046 A | 14.04 | Asda Turkey 8 Fresh Sausages | 80% turkey | Raw | 8.59 | 2.95 | 3.34 | 1.83 | 1.66 | 0.15 | 0.10 | 0.01 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 048 Composite | 15.01-05 | Composite Sample of Category 13 Samples | 58-80% | Grilled | 12.20 | 4.35 | 4.85 | 2.28 | 2.09 | 0.19 | 0.10 | 0.00 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 036 A | 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.49 | 0.11 | 4.23 | 0.18 | 2.36 | 0.11 | 0.00 | 0.00 |
| / 037 A | 12.02 | Asda Aberdeen Angus Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.01 | 0.17 | 8.41 | 0.33 | 4.58 | 0.20 | 0.00 | 0.00 |
| / 038 A | 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.48 | 0.11 | 4.35 | 0.10 | 2.87 | 0.09 | 0.00 | 0.00 |
| / 039 A | 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.71 | 0.14 | 5.91 | 0.23 | 2.94 | 0.15 | 0.00 | 0.00 |
| / 040 A | 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.44 | 0.05 | 3.66 | 0.13 | 1.85 | 0.05 | 0.00 | 0.00 |
| / 041 A | 12.06 | Bakers Butchers Beef Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.43 | 0.06 | 3.28 | 0.10 | 2.12 | 0.07 | 0.00 | 0.00 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 042 Composite | 13.01-06 | Composite Sample of Category 11 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.52 | 0.03 | 4.34 | 0.16 | 2.44 | 0.10 | 0.00 | 0.00 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 043 A | 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.12 | 0.00 | 4.93 | 0.00 | 0.80 | 0.04 | 0.00 | 0.00 |
| / 044 A | 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 | 0.07 | 0.00 | 2.76 | 0.00 | 0.48 | 0.02 | 0.00 | 0.00 |
| / 046 A | 14.04 | Asda Turkey 8 Fresh Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.08 | 0.02 | 2.20 | 0.01 | 0.56 | 0.01 | 0.00 | 0.00 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 048 Composite | 15.01-05 | Composite Sample of Category 13 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.11 | 0.00 | 3.38 | 0.00 | 0.74 | 0.02 | 0.00 | 0.00 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 036 A | 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 0.13 | 0.00 | 0.60 | 0.04 | 0.13 | 6.41 | 0.48 | 0.03 | 0.00 | 0.00 | 0.52 |
| / 037 A | 12.02 | Asda Aberdeen Angus Beef Sausages | 0.31 | 0.00 | 1.18 | 0.05 | 0.25 | 12.63 | 0.75 | 0.07 | 0.06 | 0.00 | 0.80 |
| / 038 A | 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 0.12 | 0.00 | 0.50 | 0.04 | 0.06 | 6.48 | 0.55 | 0.02 | 0.00 | 0.00 | 0.59 |
| / 039 A | 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 0.23 | 0.00 | 0.97 | 0.05 | 0.18 | 9.21 | 0.64 | 0.04 | 0.00 | 0.00 | 0.69 |
| / 040 A | 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 0.13 | 0.00 | 0.58 | 0.00 | 0.10 | 5.33 | 0.34 | 0.02 | 0.00 | 0.00 | 0.35 |
| / 041 A | 12.06 | Bakers Butchers Beef Sausages | 0.10 | 0.00 | 0.39 | 0.02 | 0.05 | 4.09 | 0.42 | 0.01 | 0.00 | 0.00 | 0.44 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 042 Composite | 13.01-06 | Composite Sample of Category 11 Samples | 0.14 | 0.00 | 0.63 | 0.02 | 0.13 | 6.43 | 0.46 | 0.03 | 0.00 | 0.00 | 0.48 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 043 A | 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 0.00 | 0.00 | 0.32 | 0.02 | 0.00 | 5.45 | 0.14 | 0.04 | 0.00 | 0.00 | 0.16 |
| / 044 A | 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 0.00 | 0.00 | 0.28 | 0.02 | 0.00 | 3.15 | 0.05 | 0.02 | 0.00 | 0.00 | 0.07 |
| / 046 A | 14.04 | Asda Turkey 8 Fresh Sausages | 0.02 | 0.00 | 0.47 | 0.02 | 0.00 | 2.82 | 0.08 | 0.02 | 0.00 | 0.00 | 0.10 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 048 Composite | 15.01-05 | Composite Sample of Category 13 Samples | 0.00 | 0.02 | 0.40 | 0.00 | 0.00 | 4.39 | 0.10 | 0.03 | 0.00 | 0.00 | 0.10 |

Category 11: Beef Sausages (approx. 60-81% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 036 A | 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 0.05 | 0.38 | 0.00 | 0.00 | 0.02 | 0.00 | 0.07 | 0.00 | 0.00 | 0.02 | 0.00 | 0.05 |
| / 037 A | 12.02 | Asda Aberdeen Angus Beef Sausages | 0.11 | 0.65 | 0.00 | 0.00 | 0.00 | 0.00 | 0.14 | 0.00 | 0.00 | 0.00 | 0.00 | 0.11 |
| / 038 A | 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 0.04 | 0.35 | 0.00 | 0.00 | 0.02 | 0.00 | 0.08 | 0.00 | 0.00 | 0.02 | 0.00 | 0.04 |
| / 039 A | 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 0.08 | 0.42 | 0.00 | 0.00 | 0.00 | 0.00 | 0.07 | 0.00 | 0.00 | 0.00 | 0.00 | 0.08 |
| / 040 A | 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 0.05 | 0.34 | 0.00 | 0.00 | 0.02 | 0.00 | 0.05 | 0.00 | 0.00 | 0.00 | 0.00 | 0.05 |
| / 041 A | 12.06 | Bakers Butchers Beef Sausages | 0.03 | 0.31 | 0.00 | 0.00 | 0.01 | 0.00 | 0.06 | 0.00 | 0.00 | 0.01 | 0.00 | 0.03 |

Category 12: Beef Sausages (approx. 60-81% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 042 Composite | 13.01-06 | Composite Sample of Category 11 Samples | 0.05 | 0.41 | 0.00 | 0.00 | 0.03 | 0.00 | 0.08 | 0.00 | 0.00 | 0.02 | 0.00 | 0.05 |

Category 13: Chicken & Turkey Sausages (approx. 65-80% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 043 A | 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 0.00 | 1.98 | 0.00 | 0.00 | 0.04 | 0.00 | 0.12 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| / 044 A | 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 0.00 | 1.41 | 0.00 | 0.00 | 0.04 | 0.00 | 0.11 | 0.00 | 0.00 | 0.00 | 0.01 | 0.00 |
| / 046 A | 14.04 | Asda Turkey 8 Fresh Sausages | 0.00 | 1.59 | 0.00 | 0.00 | 0.05 | 0.01 | 0.12 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 |

Category 14: Chicken & Turkey Sausages (approx. 65-80% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 048 Composite | 15.01-05 | Composite Sample of Category 13 Samples | 0.00 | 2.03 | 0.00 | 0.00 | 0.06 | 0.00 | 0.16 | 0.00 | 0.00 | 0.00 | 0.01 | 0.00 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|--|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 049 A | 16.01 | Bowyer 95% Fat Free Sausages | 66% | Raw | 4.70 | 1.70 | 1.77 | 0.98 | 0.87 | 0.09 | 0.04 | 0.00 |
| / 050 A | 16.02 | Wall's Lean Recipe Pork Sausages | 67% | Raw | 5.50 | 2.02 | 2.27 | 0.93 | 0.82 | 0.08 | 0.04 | 0.00 |
| / 051 A | 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | Raw | 3.03 | 1.11 | 1.17 | 0.58 | 0.53 | 0.04 | 0.03 | 0.00 |
| / 052 A | 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | Raw | 11.18 | 4.18 | 4.39 | 2.02 | 1.80 | 0.17 | 0.09 | 0.01 |
| / 053 A | 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | Raw | 4.09 | 1.49 | 1.57 | 0.81 | 0.72 | 0.07 | 0.04 | 0.00 |
| / 054 A | 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | Raw | 2.95 | 1.08 | 1.15 | 0.55 | 0.49 | 0.04 | 0.03 | 0.00 |
| / 055 A | 16.07 | Marks & Spencer Extra Lean Pork Sausages | 68% | Raw | 7.90 | 3.04 | 3.14 | 1.30 | 1.14 | 0.12 | 0.07 | 0.01 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 056 Composite | 17.01-07 | Composite Sample of Category 15 Samples | 61-68% | Grilled | 6.10 | 2.24 | 2.39 | 1.15 | 1.02 | 0.10 | 0.05 | 0.01 |

Category 17: Vegetarian Sausages, raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 057 A | 18.01 | Quorn Sausages - Frozen | N/A | Raw | 4.14 | 1.51 | 1.10 | 0.99 | 0.89 | 0.09 | 0.36 | 0.00 |
| / 058 A | 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | N/A | Raw | 9.17 | 3.51 | 1.82 | 1.87 | 1.64 | 0.23 | 1.58 | 0.00 |
| / 059 A | 18.03 | Linda McCartney 8 Sausages - Frozen | N/A | Raw | 13.59 | 5.30 | 3.81 | 1.47 | 1.28 | 0.18 | 2.42 | 0.00 |
| / 060 A | 18.04 | Goodlife 6 Vegetarian Sausages | N/A | Raw | 7.45 | 2.51 | 2.96 | 1.08 | 0.77 | 0.30 | 0.57 | 0.00 |
| / 061 A | 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | Raw | 8.50 | 3.40 | 1.76 | 1.68 | 1.48 | 0.20 | 1.28 | 0.00 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 062 Composite | 19.01-05 | Composite Sample of Category 17 Samples | N/A | Grilled | 8.90 | 3.40 | 2.23 | 1.57 | 1.35 | 0.22 | 1.30 | 0.00 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|--|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 049 A | 16.01 | Bowyer 95% Fat Free Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.06 | 0.01 | 1.06 | 0.01 | 0.55 | 0.01 | 0.00 | 0.00 |
| / 050 A | 16.02 | Wall's Lean Recipe Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 | 0.06 | 0.00 | 1.26 | 0.01 | 0.65 | 0.01 | 0.00 | 0.00 |
| / 051 A | 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.00 | 0.70 | 0.01 | 0.34 | 0.01 | 0.00 | 0.00 |
| / 052 A | 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.13 | 0.00 | 2.61 | 0.02 | 1.33 | 0.03 | 0.00 | 0.00 |
| / 053 A | 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.05 | 0.00 | 0.95 | 0.01 | 0.46 | 0.01 | 0.00 | 0.00 |
| / 054 A | 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.00 | 0.67 | 0.01 | 0.34 | 0.01 | 0.00 | 0.00 |
| / 055 A | 16.07 | Marks & Spencer Extra Lean Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.09 | 0.00 | 1.86 | 0.03 | 1.01 | 0.02 | 0.00 | 0.00 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 056 Composite | 17.01-07 | Composite Sample of Category 15 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 | 0.07 | 0.00 | 1.39 | 0.01 | 0.73 | 0.01 | 0.00 | 0.00 |

Category 17: Vegetarian Sausages, raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 057 A | 18.01 | Quorn Sausages - Frozen | 0.01 | Tr | 0.01 | 0.01 | 0.16 | 0.08 | 0.00 | 0.70 | 0.00 | 0.50 | 0.01 | 0.01 | 0.00 |
| / 058 A | 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.05 | 0.00 | 2.92 | 0.00 | 0.45 | 0.02 | 0.02 | 0.00 |
| / 059 A | 18.03 | Linda McCartney 8 Sausages - Frozen | 0.00 | 0.00 | 0.08 | 0.07 | 0.93 | 0.31 | 0.01 | 1.47 | 0.00 | 2.27 | 0.07 | 0.04 | 0.02 |
| / 060 A | 18.04 | Goodlife 6 Vegetarian Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.04 | 0.00 | 1.82 | 0.00 | 0.55 | 0.03 | 0.02 | 0.00 |
| / 061 A | 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 | 0.06 | 0.00 | 2.81 | 0.01 | 0.44 | 0.03 | 0.02 | 0.00 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 062 Composite | 19.01-05 | Composite Sample of Category 17 Samples | 0.00 | 0.00 | 0.02 | 0.02 | 0.21 | 0.11 | 0.00 | 2.15 | 0.01 | 0.80 | 0.04 | 0.02 | 0.01 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 049 A | 16.01 | Bowyer 95% Fat Free Sausages | 0.00 | 0.00 | 0.09 | 0.01 | 0.01 | 1.64 | 0.03 | 0.03 | 0.00 | 0.00 | 0.04 |
| / 050 A | 16.02 | Wall's Lean Recipe Pork Sausages | 0.00 | 0.00 | 0.13 | 0.02 | 0.01 | 2.10 | 0.02 | 0.03 | 0.00 | 0.00 | 0.04 |
| / 051 A | 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 0.00 | 0.00 | 0.05 | 0.01 | 0.01 | 1.09 | 0.02 | 0.02 | 0.00 | 0.00 | 0.03 |
| / 052 A | 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 0.00 | 0.00 | 0.18 | 0.04 | 0.02 | 4.11 | 0.04 | 0.07 | 0.00 | 0.00 | 0.08 |
| / 053 A | 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 0.00 | 0.00 | 0.08 | 0.01 | 0.01 | 1.46 | 0.02 | 0.02 | 0.00 | 0.00 | 0.03 |
| / 054 A | 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 0.00 | 0.00 | 0.05 | 0.01 | 0.01 | 1.08 | 0.02 | 0.02 | 0.00 | 0.00 | 0.03 |
| / 055 A | 16.07 | Marks & Spencer Extra Lean Pork Sausages | 0.00 | 0.00 | 0.15 | 0.02 | 0.02 | 2.92 | 0.04 | 0.05 | 0.00 | 0.00 | 0.06 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 056 Composite | 17.01-07 | Composite Sample of Category 15 Samples | 0.00 | 0.00 | 0.13 | 0.02 | 0.01 | 2.21 | 0.03 | 0.04 | 0.00 | 0.00 | 0.05 |

Category 17: Vegetarian Sausages, raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 057 A | 18.01 | Quorn Sausages - Frozen | 0.00 | 0.00 | 0.02 | 0.00 | 0.00 | 1.07 | 0.35 | 0.01 | 0.00 | 0.00 | 0.35 |
| / 058 A | 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 1.79 | 1.55 | 0.01 | 0.00 | 0.00 | 1.55 |
| / 059 A | 18.03 | Linda McCartney 8 Sausages - Frozen | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 3.76 | 2.38 | 0.03 | 0.01 | 0.00 | 2.38 |
| / 060 A | 18.04 | Goodlife 6 Vegetarian Sausages | 0.00 | 0.00 | 0.02 | 0.00 | 0.00 | 2.88 | 0.56 | 0.04 | 0.02 | 0.00 | 0.56 |
| / 061 A | 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 1.74 | 1.28 | 0.00 | 0.00 | 0.00 | 1.28 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 062 Composite | 19.01-05 | Composite Sample of Category 17 Samples | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 2.19 | 1.29 | 0.00 | 0.00 | 0.00 | 1.29 |

Category 15: Reduced Fat Sausages (approx. 65-68% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|--|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 049 A | 16.01 | Bowyer 95% Fat Free Sausages | 0.00 | 0.81 | 0.00 | 0.01 | 0.04 | 0.01 | 0.06 | 0.00 | 0.00 | 0.02 | 0.01 | 0.00 |
| / 050 A | 16.02 | Wall's Lean Recipe Pork Sausages | 0.01 | 0.77 | 0.00 | 0.01 | 0.03 | 0.01 | 0.06 | 0.00 | 0.01 | 0.01 | 0.01 | 0.01 |
| / 051 A | 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | Tr | 0.48 | 0.00 | 0.01 | 0.03 | 0.00 | 0.03 | 0.00 | 0.00 | 0.01 | 0.00 | Tr |
| / 052 A | 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | Tr | 1.73 | 0.00 | 0.01 | 0.04 | 0.00 | 0.13 | 0.00 | 0.00 | 0.02 | 0.01 | Tr |
| / 053 A | 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 0.00 | 0.67 | 0.00 | 0.01 | 0.03 | 0.01 | 0.05 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 |
| / 054 A | 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 0.00 | 0.45 | 0.00 | 0.01 | 0.03 | 0.01 | 0.03 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 |
| / 055 A | 16.07 | Marks & Spencer Extra Lean Pork Sausages | Tr | 1.08 | 0.00 | 0.01 | 0.04 | 0.01 | 0.09 | 0.00 | 0.00 | 0.02 | 0.01 | 0.00 |

Category 16: Reduced Fat Sausages (approx. 65-68% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 056 Composite | 17.01-07 | Composite Sample of Category 15 Samples | 0.00 | 0.96 | 0.00 | 0.01 | 0.04 | 0.01 | 0.07 | 0.00 | 0.00 | 0.02 | 0.01 | 0.00 |

Category 17: Vegetarian Sausages, raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 057 A | 18.01 | Quorn Sausages - Frozen | 0.01 | 0.89 | 0.00 | 0.00 | 0.00 | 0.00 | 0.08 | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 |
| / 058 A | 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | 0.03 | 1.63 | 0.00 | 0.00 | 0.00 | 0.00 | 0.22 | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 |
| / 059 A | 18.03 | Linda McCartney 8 Sausages - Frozen | 0.03 | 1.28 | 0.00 | 0.00 | 0.00 | 0.00 | 0.16 | 0.01 | 0.00 | 0.00 | 0.00 | 0.03 |
| / 060 A | 18.04 | Goodlife 6 Vegetarian Sausages | Tr | 0.75 | 0.00 | 0.00 | 0.00 | 0.00 | 0.30 | 0.00 | 0.00 | 0.00 | 0.00 | Tr |
| / 061 A | 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | 0.00 | 1.48 | 0.00 | 0.00 | 0.00 | 0.00 | 0.20 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |

Category 18: Vegetarian Sausages, grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 062 Composite | 19.01-05 | Composite Sample of Category 17 Samples | 0.01 | 1.35 | 0.00 | 0.00 | 0.00 | 0.00 | 0.22 | 0.00 | 0.00 | 0.00 | 0.00 | 0.01 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 063 A | 20.01 | Sainsbury's Low Price Thick Pork Sausages | 52% | Raw | 13.45 | 4.95 | 5.27 | 2.49 | 2.20 | 0.22 | 0.15 | 0.01 |
| / 064 A | 20.02 | Tesco Value 12 Pork Chipolatas | 52% | Raw | 28.64 | 10.74 | 12.15 | 4.20 | 3.73 | 0.35 | 0.28 | 0.02 |
| / 065 A | 20.03 | Safeway Savers Pork Sausages | 53% | Raw | 24.60 | 8.96 | 10.33 | 3.99 | 3.55 | 0.33 | 0.24 | 0.02 |
| / 066 A | 20.04 | Asda Smart Price 8 Thick Pork Sausages | 51% | Raw | 24.00 | 9.16 | 10.08 | 3.50 | 3.12 | 0.27 | 0.21 | 0.02 |
| / 067 A | 20.05 | F A Gill Value Sausages | 50% | Raw | 21.10 | 7.98 | 8.77 | 3.31 | 2.95 | 0.26 | 0.12 | 0.02 |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|-----------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 068 Composite | 21.01-05 | Composite Sample of Category 19 Samples | 50-53% | Grilled | 13.30 | 5.02 | 5.40 | 2.18 | 1.95 | 0.17 | 0.10 | 0.01 |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Total Fat | Fat and total fatty acids, g per 100g food | | | | | | |
|------------|----------|---|-----------------|------------------------|-----------|--|---------------------|-----------------|------|------|-------------|----------------|
| | | | | | | Saturated | cis-Monounsaturated | Polyunsaturated | | | Total trans | Total branched |
| | | | | | | | | Total - cis | n-6 | n-3 | | |
| / 069 A | 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | Raw | 21.16 | 8.13 | 8.76 | 3.20 | 2.81 | 0.30 | 0.14 | Tr |
| / 070 A | 22.02 | Tesco 24 Pork Cocktail Sausages | 67% | Raw | 25.90 | 9.44 | 10.83 | 4.30 | 3.80 | 0.37 | 0.20 | 0.02 |
| / 071 A | 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | Raw | 11.40 | 4.34 | 4.60 | 1.89 | 1.64 | 0.20 | 0.08 | 0.01 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 063 A | 20.01 | Sainsbury's Low Price Thick Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.18 | 0.01 | 3.10 | 0.04 | 1.52 | 0.04 | 0.00 | 0.00 |
| / 064 A | 20.02 | Tesco Value 12 Pork Chipolatas | 0.00 | 0.00 | 0.00 | 0.00 | 0.04 | 0.40 | 0.03 | 6.83 | 0.07 | 3.22 | 0.07 | 0.00 | 0.00 |
| / 065 A | 20.03 | Safeway Savers Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.33 | 0.00 | 5.70 | 0.07 | 2.67 | 0.06 | 0.00 | 0.00 |
| / 066 A | 20.04 | Asda Smart Price 8 Thick Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.35 | 0.03 | 5.72 | 0.05 | 2.89 | 0.06 | 0.00 | 0.00 |
| / 067 A | 20.05 | F A Gill Value Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.27 | 0.02 | 4.99 | 0.04 | 2.56 | 0.04 | 0.00 | 0.00 |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|-----------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 068 Composite | 21.01-05 | Composite Sample of Category 19 Samples | 0.00 | 0.00 | 0.00 | 0.00 | 0.02 | 0.18 | 0.00 | 3.11 | 0.04 | 1.58 | 0.03 | 0.00 | 0.00 |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | FSA Ref. | Product Description | Saturated fatty acids, g per 100g food | | | | | | | | | | | | |
|------------|----------|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | c4:0 | c6:0 | c8:0 | c10:0 | c12:0 | c14:0 | c15:0 | c16:0 | c17:0 | c18:0 | c20:0 | c22:0 | c24:0 |
| / 069 A | 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.26 | 0.00 | 5.12 | 0.05 | 2.56 | 0.04 | 0.00 | 0.00 |
| / 070 A | 22.02 | Tesco 24 Pork Cocktail Sausages | 0.00 | 0.00 | 0.00 | 0.00 | 0.03 | 0.38 | 0.03 | 6.11 | 0.05 | 2.76 | 0.04 | 0.00 | 0.00 |
| / 071 A | 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 0.00 | 0.00 | 0.00 | 0.01 | 0.01 | 0.15 | 0.01 | 2.70 | 0.02 | 1.38 | 0.03 | 0.00 | 0.00 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 063 A | 20.01 | Sainsbury's Low Price Thick Pork Sausages | 0.00 | 0.00 | 0.22 | 0.05 | 0.03 | 4.94 | 0.09 | 0.08 | 0.00 | 0.00 | 0.14 |
| / 064 A | 20.02 | Tesco Value 12 Pork Chipolatas | 0.00 | 0.00 | 0.60 | 0.09 | 0.07 | 11.28 | 0.16 | 0.19 | 0.00 | 0.00 | 0.25 |
| / 065 A | 20.03 | Safeway Savers Pork Sausages | 0.00 | 0.00 | 0.50 | 0.08 | 0.05 | 9.62 | 0.13 | 0.16 | 0.00 | 0.00 | 0.21 |
| / 066 A | 20.04 | Asda Smart Price 8 Thick Pork Sausages | 0.00 | 0.00 | 0.49 | 0.06 | 0.04 | 9.37 | 0.13 | 0.17 | 0.00 | 0.00 | 0.19 |
| / 067 A | 20.05 | F A Gill Value Sausages | 0.00 | 0.00 | 0.41 | 0.05 | 0.04 | 8.15 | 0.06 | 0.16 | 0.00 | 0.00 | 0.11 |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|-----------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 068 Composite | 21.01-05 | Composite Sample of Category 19 Samples | 0.00 | 0.00 | 0.26 | 0.04 | 0.03 | 5.01 | 0.06 | 0.10 | 0.00 | 0.00 | 0.10 |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | FSA Ref. | Product Description | Monounsaturated fatty acids, g per 100g food | | | | | | | | | | |
|------------|----------|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | cis | | | trans | cis | | trans | cis | | | trans |
| | | | c14:1 | c15:1 | c16:1 | c16:1 | c17:1 | c18:1 | c18:1 | c20:1 | c22:1 | c24:1 | mono |
| / 069 A | 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 0.00 | 0.00 | 0.41 | 0.06 | 0.05 | 8.16 | 0.05 | 0.14 | 0.00 | 0.00 | 0.11 |
| / 070 A | 22.02 | Tesco 24 Pork Cocktail Sausages | 0.00 | 0.00 | 0.62 | 0.07 | 0.05 | 9.99 | 0.11 | 0.17 | 0.00 | 0.00 | 0.18 |
| / 071 A | 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 0.00 | 0.00 | 0.23 | 0.02 | 0.02 | 4.27 | 0.04 | 0.08 | 0.00 | 0.00 | 0.06 |

Category 19: Economy/Value Sausages (approx. 50-53% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 063 A | 20.01 | Sainsbury's Low Price Thick Pork Sausages | Tr | 2.14 | 0.00 | 0.00 | 0.03 | 0.00 | 0.18 | 0.00 | 0.00 | 0.02 | 0.01 | Tr |
| / 064 A | 20.02 | Tesco Value 12 Pork Chipolatas | 0.03 | 3.62 | 0.00 | 0.00 | 0.05 | 0.00 | 0.28 | 0.00 | 0.00 | 0.03 | 0.00 | 0.03 |
| / 065 A | 20.03 | Safeway Savers Pork Sausages | 0.03 | 3.46 | 0.00 | 0.00 | 0.05 | 0.00 | 0.27 | 0.00 | 0.00 | 0.03 | 0.00 | 0.03 |
| / 066 A | 20.04 | Asda Smart Price 8 Thick Pork Sausages | Tr | 3.03 | 0.00 | 0.00 | 0.05 | 0.00 | 0.24 | 0.00 | 0.00 | 0.00 | 0.00 | Tr |
| / 067 A | 20.05 | F A Gill Value Sausages | Tr | 2.86 | 0.00 | 0.00 | 0.04 | 0.00 | 0.21 | 0.00 | 0.00 | 0.03 | 0.00 | Tr |

Category 20: Economy/Value Sausages (approx. 50-53% meat), grilled

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|-----------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 068 Composite | 21.01-05 | Composite Sample of Category 19 Samples | Tr | 1.88 | 0.00 | 0.00 | 0.04 | 0.00 | 0.14 | 0.00 | 0.00 | 0.02 | 0.00 | Tr |

Category 21: Products Aimed at Children (approx. 50-66% meat), raw

| Sample No. | FSA Ref. | Product Description | Polyunsaturated fatty acids, g per 100g food | | | | | | | | | | | |
|------------|----------|---|--|---------|-------------|-------|-------|-------|---------|-------|-------|-------|-------|------------|
| | | | trans | cis n-6 | | | | | cis n-3 | | | | | trans poly |
| | | | c18:2 | c18:2 | c18:3 gamma | c20:3 | c20:4 | c22:4 | c18:3 | c18:4 | c20:5 | c22:5 | c22:6 | |
| / 069 A | 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 0.00 | 2.73 | 0.00 | 0.00 | 0.04 | 0.00 | 0.24 | 0.00 | 0.00 | 0.03 | 0.00 | 0.00 |
| / 070 A | 22.02 | Tesco 24 Pork Cocktail Sausages | Tr | 3.69 | 0.00 | 0.00 | 0.07 | 0.00 | 0.31 | 0.00 | 0.00 | 0.04 | 0.00 | Tr |
| / 071 A | 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | Tr | 1.57 | 0.00 | 0.02 | 0.03 | 0.00 | 0.15 | 0.00 | 0.00 | 0.02 | 0.02 | Tr |

Table 5: Ranking of the Individual Sausages Sub-Samples

Table 5a: Ranking of the Salt Content of the Individual Sausages Sub-Samples per Portion (80g for adults portion & 50g for children's)

| FSA Ref. | Product Description | % Meat (Approx) | Sodium, mg/100g | Salt, g/100g | Salt per portion | Salt per portion as a % of the GDA* (6g per day) |
|----------|---|------------------------|-----------------|--------------|------------------|--|
| 4.02 | Richmond Irish Recipe 12 Fresh Pork Sausages | 51% | 1030 | 2.62 | 2.09 | 35 |
| 10.04 | Safeway Pork and Beef Sausages | 49%pork & 3%beef | 940 | 2.39 | 1.91 | 32 |
| 4.10 | D G Pritchard Thin Pork Sausages | 65% | 910 | 2.31 | 1.85 | 31 |
| 4.01 | Walls 8 Thick Pork Sausages | 67% | 900 | 2.29 | 1.83 | 30 |
| 10.01 | Walls Pork and Beef Sausages | 50%pork & 1%beef | 900 | 2.29 | 1.83 | 30 |
| 12.06 | Bakers Butchers Beef Sausages | 60-81% | 880 | 2.24 | 1.79 | 30 |
| 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | 870 | 2.21 | 1.77 | 29 |
| 4.04 | Sainsbury's 8 Pork Sausages | 67% | 860 | 2.18 | 1.75 | 29 |
| 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47%pork & 6%beef | 850 | 2.16 | 1.73 | 29 |
| 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | 850 | 2.16 | 1.73 | 29 |
| 10.03 | Tesco Pork and Beef Sausages | 48%pork & 2.5%beef | 850 | 2.16 | 1.73 | 29 |
| 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | 840 | 2.13 | 1.71 | 28 |
| 18.03 | Linda McCartney 8 Sausages - Frozen | N/A | 820 | 2.08 | 1.67 | 28 |
| 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | 813 | 2.07 | 1.65 | 28 |
| 20.05 | F A Gill Value Pork Sausages | 50% | 810 | 2.06 | 1.65 | 27 |
| 10.07 | Belchers Pork and Beef Sausages Family Value Pack - Frozen | 46%pork & 6%beef | 800 | 2.03 | 1.63 | 27 |
| 1.10 | K J Flatman Premium Pork Sausages | 73-95% | 800 | 2.03 | 1.63 | 27 |
| 10.05 | Waitrose British Pork and Beef Sausages | 45%pork & 6%beef | 790 | 2.01 | 1.61 | 27 |
| 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 66% | 780 | 1.98 | 1.58 | 26 |
| 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 57%turkey & 9%chicken | 780 | 1.98 | 1.58 | 26 |
| 20.01 | Sainsbury's Low Price Thick Pork Sausages | 52% | 780 | 1.98 | 1.58 | 26 |
| 20.04 | Asda Smart Price 8 Thick Pork Sausages | 51% | 770 | 1.96 | 1.56 | 26 |
| 16.07 | Marks & Spencer Extra Lean Pork Sausages | 68% | 770 | 1.96 | 1.56 | 26 |
| 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | 770 | 1.96 | 1.56 | 26 |
| 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | 770 | 1.96 | 1.56 | 26 |
| 20.02 | Tesco Value 12 Pork Chipolatas | 52% | 770 | 1.96 | 1.56 | 26 |
| 16.01 | Bowyers 95% Fat Free 8 Pork Sausages | 66% | 760 | 1.93 | 1.54 | 26 |
| 20.03 | Safeway Savers Thick Pork Sausages | 53% | 750 | 1.91 | 1.52 | 25 |
| 4.06 | Asda 8 Thick Pork Sausages | 65% | 740 | 1.88 | 1.50 | 25 |
| 18.01 | Quorn Sausages - Frozen | N/A | 730 | 1.85 | 1.48 | 25 |
| 4.05 | Safeway 8 Pork Skinless Sausages | 68% | 730 | 1.85 | 1.48 | 25 |
| 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 42%turkey & 29%chicken | 730 | 1.85 | 1.48 | 25 |
| 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | 720 | 1.83 | 1.46 | 24 |
| 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | 710 | 1.80 | 1.44 | 24 |
| 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | 700 | 1.78 | 1.42 | 24 |
| 4.07 | Somerfield 12 Thick Pork Sausages - 50% Extra | 66% | 700 | 1.78 | 1.42 | 24 |
| 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | 690 | 1.75 | 1.40 | 23 |
| 4.03 | Tesco 8 Thick Pork Sausages | 67% | 690 | 1.75 | 1.40 | 23 |
| 16.02 | Wall's Lean Recipe Pork Sausages | 67% | 690 | 1.75 | 1.40 | 23 |
| 1.02 | Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 89% | 630 | 1.60 | 1.28 | 21 |
| 1.08 | Waitrose Free Range Pork Chipolatas | 85% | 630 | 1.60 | 1.28 | 21 |
| 14.04 | Asda Turkey 8 Fresh Sausages | 80% | 620 | 1.57 | 1.26 | 21 |
| 10.06 | Co-op 8 Thick Pork and Beef Sausages | 49%pork & 2%beef | 620 | 1.57 | 1.26 | 21 |
| 1.05 | Safeway 6 Olde English Style Pork Sausages | 79% | 620 | 1.57 | 1.26 | 21 |
| 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | 620 | 1.57 | 1.26 | 21 |
| 12.02 | Asda Aberdeen Angus Beef Sausages | 75% | 610 | 1.55 | 1.24 | 21 |
| 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | N/A | 610 | 1.55 | 1.24 | 21 |
| 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | 580 | 1.47 | 1.18 | 20 |
| 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | 570 | 1.45 | 1.16 | 19 |
| 1.03 | Tesco Finest 6 Traditional Pork Sausages | 82% | 495 | 1.26 | 1.01 | 17 |
| 22.02 | Tesco 24 Pork Cocktail Sausages | 67% | 750 | 1.91 | 0.95 | 19** |
| 1.06 | Marks & Spencer Premium Pork Sausages | 93% | 455 | 1.16 | 0.92 | 15 |
| 18.04 | Goodlife 6 Vegetarian Sausages | N/A | 440 | 1.12 | 0.89 | 15 |
| 1.09 | Co-op Butchers 8 Select Pork Sausages | 73% | 435 | 1.10 | 0.88 | 15 |
| 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | 550 | 1.40 | 0.70 | 14** |
| 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | 530 | 1.35 | 0.67 | 13** |

* Guideline Daily Amount (GDA)

** Children aged 7-10 years the daily salt target is 5g

Table 5b: Ranking of the Fat Content of the Individual Sausages Sub-Samples per Portion (80g for adults portion & 50g for children's)

| FSA Ref. | Product Description | % Meat (Approx) | Fat, per 100g | Fat per portion | % Recommended Fat Intake per portion | | |
|----------|---|------------------------|---------------|-----------------|--------------------------------------|----------------|--------------------|
| | | | | | men, 95g/day | women, 70g/day | average, 82.5g/day |
| 12.02 | Asda Aberdeen Angus Beef Sausages | 75% | 33.0 | 26.4 | 28 | 38 | 32 |
| 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 66% | 30.5 | 24.4 | 26 | 35 | 29 |
| 1.09 | Co-op Butchers 8 Select Pork Sausages | 73% | 29.7 | 23.7 | 25 | 34 | 29 |
| 10.03 | Tesco Pork and Beef Sausages | 48%pork & 2.5%beef | 29.5 | 23.6 | 25 | 34 | 28 |
| 20.02 | Tesco Value 12 Pork Chipolatas | 52% | 28.6 | 22.9 | 24 | 33 | 28 |
| 1.06 | Marks & Spencer Premium Pork Sausages | 93% | 28.2 | 22.6 | 24 | 32 | 27 |
| 4.01 | Walls 8 Thick Pork Sausages | 67% | 27.6 | 22.0 | 23 | 31 | 27 |
| 10.04 | Safeway Pork and Beef Sausages | 49%pork & 3%beef | 26.0 | 20.8 | 22 | 30 | 25 |
| 4.03 | Tesco 8 Thick Pork Sausages | 67% | 25.8 | 20.7 | 22 | 30 | 25 |
| 1.05 | Safeway 6 Olde English Style Pork Sausages | 79% | 25.7 | 20.6 | 22 | 29 | 25 |
| 4.02 | Richmond Irish Recipe 12 Fresh Pork Sausages | 51% | 24.9 | 19.9 | 21 | 28 | 24 |
| 4.06 | Asda 8 Thick Pork Sausages | 65% | 24.6 | 19.7 | 21 | 28 | 24 |
| 20.03 | Safeway Savers Thick Pork Sausages | 53% | 24.6 | 19.7 | 21 | 28 | 24 |
| 20.04 | Asda Smart Price 8 Thick Pork Sausages | 51% | 24.0 | 19.2 | 20 | 27 | 23 |
| 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | 23.5 | 18.8 | 20 | 27 | 23 |
| 4.04 | Sainsbury's 8 Pork Sausages | 67% | 23.4 | 18.7 | 20 | 27 | 23 |
| 10.01 | Walls Pork and Beef Sausages | 50%pork & 1%beef | 22.2 | 17.8 | 19 | 25 | 21 |
| 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | 22.2 | 17.8 | 19 | 25 | 21 |
| 20.05 | F A Gill Value Pork Sausages | 50% | 21.1 | 16.9 | 18 | 24 | 20 |
| 4.07 | Somerfield 12 Thick Pork Sausages - 50% Extra | 66% | 20.8 | 16.7 | 18 | 24 | 20 |
| 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | 20.4 | 16.3 | 17 | 23 | 20 |
| 10.07 | Belchers Pork and Beef Sausages Family Value Pack - Frozen | 46%pork & 6%beef | 20.2 | 16.2 | 17 | 23 | 19 |
| 1.03 | Tesco Finest 6 Traditional Pork Sausages | 82% | 20.1 | 16.1 | 17 | 23 | 19 |
| 10.06 | Co-op 8 Thick Pork and Beef Sausages | 49%pork & 2%beef | 19.9 | 15.9 | 17 | 23 | 19 |
| 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47%pork & 6%beef | 19.6 | 15.7 | 16 | 22 | 19 |
| 1.02 | Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 89% | 19.3 | 15.5 | 16 | 22 | 19 |
| 1.08 | Waitrose Free Range Pork Chipolatas | 85% | 19.0 | 15.2 | 16 | 22 | 18 |
| 4.05 | Safeway 8 Pork Skinless Sausages | 68% | 19.0 | 15.2 | 16 | 22 | 18 |
| 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | 18.0 | 14.4 | 15 | 21 | 17 |
| 1.10 | K J Flatman Premium Pork Sausages | 73-95% | 17.9 | 14.3 | 15 | 20 | 17 |
| 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | 17.4 | 14.0 | 15 | 20 | 17 |
| 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | 16.9 | 13.5 | 14 | 19 | 16 |
| 22.02 | Tesco 24 Pork Cocktail Sausages | 67% | 25.9 | 13.0 | 17* | 19* | 18* |
| 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 57%turkey & 9%chicken | 14.8 | 11.9 | 12 | 17 | 14 |
| 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | 14.0 | 11.2 | 12 | 16 | 13 |
| 10.05 | Waitrose British Pork and Beef Sausages | 45%pork & 6%beef | 13.8 | 11.0 | 12 | 16 | 13 |
| 18.03 | Linda McCartney 8 Sausages - Frozen | N/A | 13.6 | 10.9 | 11 | 16 | 13 |
| 4.10 | D G Pritchard Thin Pork Sausages | 65% | 13.5 | 10.8 | 11 | 15 | 13 |
| 20.01 | Sainsbury's Low Price Thick Pork Sausages | 52% | 13.5 | 10.8 | 11 | 15 | 13 |
| 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | 21.2 | 10.6 | 14* | 16* | 15* |
| 12.06 | Bakers Butchers Beef Sausages | 60-81% | 12.4 | 9.9 | 10 | 14 | 12 |
| 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | 12.1 | 9.7 | 10 | 14 | 12 |
| 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | 11.2 | 8.9 | 9 | 13 | 11 |
| 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | N/A | 9.2 | 7.3 | 8 | 10 | 9 |
| 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 42%turkey & 29%chicken | 8.9 | 7.1 | 8 | 10 | 9 |
| 14.04 | Asda Turkey 8 Fresh Sausages | 80% | 8.6 | 6.9 | 7 | 10 | 8 |
| 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | 8.5 | 6.8 | 7 | 10 | 8 |
| 16.07 | Marks & Spencer Extra Lean Pork Sausages | 68% | 7.9 | 6.3 | 7 | 9 | 8 |
| 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | 11.4 | 5.7 | 7* | 8* | 8* |
| 18.04 | Goodlife 6 Vegetarian Sausages | N/A | 7.5 | 6.0 | 6 | 9 | 7 |
| 16.02 | Wall's Lean Recipe Pork Sausages | 67% | 5.5 | 4.4 | 5 | 6 | 5 |
| 16.01 | Bowyers 95% Fat Free 8 Pork Sausages | 66% | 4.7 | 3.8 | 4 | 5 | 5 |
| 18.01 | Quorn Sausages - Frozen | N/A | 4.1 | 3.3 | 3 | 5 | 4 |
| 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | 4.1 | 3.3 | 3 | 5 | 4 |
| 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | 3.0 | 2.4 | 3 | 3 | 3 |
| 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | 3.0 | 2.4 | 2 | 3 | 3 |

* For children aged 7-10 years the recommended fat intake is; boys 76.6g/day, girls 67.7g/day, an average of 72.15g/day

Table 5c: Ranking of the Salt Content of the Individual Sausages Sub-Samples within each Category (80g for adults portion & 50g for children's)

| FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Sodium, mg/100g | Salt, g/100g | Salt per portion | Salt per portion as a % of the GDA* (6g per day) |
|----------|---|------------------------|------------------------|-----------------|--------------|------------------|--|
| 1.09 | Co-op Butchers 8 Select Pork Sausages | 73% | Raw | 435 | 1.10 | 0.88 | 14.7 |
| 1.06 | Marks & Spencer Premium Pork Sausages | 93% | Raw | 455 | 1.16 | 0.92 | 15.4 |
| 1.03 | Tesco Finest 6 Traditional Pork Sausages | 82% | Raw | 495 | 1.26 | 1.01 | 16.8 |
| 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | Raw | 570 | 1.45 | 1.16 | 19.3 |
| 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | Raw | 580 | 1.47 | 1.18 | 19.6 |
| 1.05 | Safeway 6 Olde English Style Pork Sausages | 79% | Raw | 620 | 1.57 | 1.26 | 21.0 |
| 1.02 | Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 89% | Raw | 630 | 1.60 | 1.28 | 21.3 |
| 1.08 | Waitrose Free Range Pork Chipolatas | 85% | Raw | 630 | 1.60 | 1.28 | 21.3 |
| 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | Raw | 770 | 1.96 | 1.56 | 26.1 |
| 1.10 | K J Flatman Premium Pork Sausages | 73-95% | Raw | 800 | 2.03 | 1.63 | 27.1 |
| 2.01-10 | Composite Sample of Category 1 Samples | 73-95% | Grilled | 800 | 2.03 | 1.63 | 27.1 |
| 3.01-07 | Composite Sample of Category 3 Samples | 70-80% | Raw | 730 | 1.85 | 1.48 | 24.7 |
| 4.03 | Tesco 8 Thick Pork Sausages | 67% | Raw | 690 | 1.75 | 1.40 | 23.4 |
| 4.07 | Somerfield 12 Thick Pork Sausages - 50% Extra | 66% | Raw | 700 | 1.78 | 1.42 | 23.7 |
| 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | Raw | 710 | 1.80 | 1.44 | 24.0 |
| 4.05 | Safeway 8 Pork Skinless Sausages | 68% | Raw | 730 | 1.85 | 1.48 | 24.7 |
| 4.06 | Asda 8 Thick Pork Sausages | 65% | Raw | 740 | 1.88 | 1.50 | 25.1 |
| 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 66% | Raw | 780 | 1.98 | 1.58 | 26.4 |
| 4.04 | Sainsbury's 8 Pork Sausages | 67% | Raw | 860 | 2.18 | 1.75 | 29.1 |
| 4.01 | Walls 8 Thick Pork Sausages | 67% | Raw | 900 | 2.29 | 1.83 | 30.5 |
| 4.10 | D G Pritchard Thin Pork Sausages | 65% | Raw | 910 | 2.31 | 1.85 | 30.8 |
| 4.02 | Richmond Irish Recipe 12 Fresh Pork Sausages | 51% | Raw | 1030 | 2.62 | 2.09 | 34.9 |
| 7.01-10 | Composite Sample of Category 4 Samples | 50-70% | Fried | 850 | 2.16 | 1.73 | 28.8 |
| 9.01-10 | Composite Sample of Category 4 Samples | 50-70% | Barbecued | 1040 | 2.64 | 2.11 | 35.2 |
| 8.01-10 | Composite Sample of Category 4 Samples | 50-70% | Oven Baked | 1070 | 2.72 | 2.17 | 36.2 |
| 6.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled & Pricked | 1100 | 2.79 | 2.24 | 37.3 |
| 5.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled | 1180 | 3.00 | 2.40 | 40.0 |
| 10.06 | Co-op 8 Thick Pork and Beef Sausages | 49%pork & 2%beef | Raw | 620 | 1.57 | 1.26 | 21.0 |
| 10.05 | Waitrose British Pork and Beef Sausages | 45%pork & 6%beef | Raw | 790 | 2.01 | 1.61 | 26.8 |
| 10.07 | Belchers Pork and Beef Sausages Family Value Pack - Frozen | 46%pork & 6%beef | Raw | 800 | 2.03 | 1.63 | 27.1 |
| 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47%pork & 6%beef | Raw | 850 | 2.16 | 1.73 | 28.8 |
| 10.03 | Tesco Pork and Beef Sausages | 48%pork & 2.5%beef | Raw | 850 | 2.16 | 1.73 | 28.8 |
| 10.01 | Walls Pork and Beef Sausages | 50%pork & 1%beef | Raw | 900 | 2.29 | 1.83 | 30.5 |
| 10.04 | Safeway Pork and Beef Sausages | 49%pork & 3%beef | Raw | 940 | 2.39 | 1.91 | 31.8 |
| 11.01-07 | Composite Sample of Category 10 Samples | 50-68% | Grilled | 1140 | 2.90 | 2.32 | 38.6 |
| 12.02 | Asda Aberdeen Angus Beef Sausages | 75% | Raw | 610 | 1.55 | 1.24 | 20.7 |
| 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | Raw | 620 | 1.57 | 1.26 | 21.0 |
| 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | Raw | 700 | 1.78 | 1.42 | 23.7 |
| 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | Raw | 770 | 1.96 | 1.56 | 26.1 |
| 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | Raw | 840 | 2.13 | 1.71 | 28.4 |
| 12.06 | Bakers Butchers Beef Sausages | 60-81% | Raw | 880 | 2.24 | 1.79 | 29.8 |
| 13.01-06 | Composite Sample of Category 12 Samples | 60-81% | Grilled | 1040 | 2.64 | 2.11 | 35.2 |
| 14.04 | Asda Turkey 8 Fresh Sausages | 80% | Raw | 620 | 1.57 | 1.26 | 21.0 |
| 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 42%turkey & 29%chicken | Raw | 730 | 1.85 | 1.48 | 24.7 |
| 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 57%turkey & 9%chicken | Raw | 780 | 1.98 | 1.58 | 26.4 |
| 15.01-05 | Composite Sample of Category 14 Samples Items A, B, and D | 58-80% | Grilled | 920 | 2.34 | 1.87 | 31.2 |
| 16.02 | Wall's Lean Recipe Pork Sausages | 67% | Raw | 690 | 1.75 | 1.40 | 23.4 |
| 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | Raw | 690 | 1.75 | 1.40 | 23.4 |
| 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | Raw | 720 | 1.83 | 1.46 | 24.4 |
| 16.01 | Bowyers 95% Fat Free 8 Pork Sausages | 66% | Raw | 760 | 1.93 | 1.54 | 25.7 |
| 16.07 | Marks & Spencer Extra Lean Pork Sausages | 68% | Raw | 770 | 1.96 | 1.56 | 26.1 |
| 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | Raw | 813 | 2.07 | 1.65 | 27.5 |
| 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | Raw | 850 | 2.16 | 1.73 | 28.8 |
| 17.01-07 | Composite Sample of Category 16 Samples | 61-68% | Grilled | 870 | 2.21 | 1.77 | 29.5 |

| | | | | | | | |
|----------|---|--------|---------|------|------|------|--------|
| 18.04 | Goodlife 6 Vegetarian Sausages | N/A | Raw | 440 | 1.12 | 0.89 | 14.9 |
| 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | N/A | Raw | 610 | 1.55 | 1.24 | 20.7 |
| 18.01 | Quorn Sausages - Frozen | N/A | Raw | 730 | 1.85 | 1.48 | 24.7 |
| 18.03 | Linda McCartney 8 Sausages - Frozen | N/A | Raw | 820 | 2.08 | 1.67 | 27.8 |
| 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | Raw | 870 | 2.21 | 1.77 | 29.5 |
| 19.01-05 | Composite Sample of Category 18 Samples | N/A | Grilled | 760 | 1.93 | 1.54 | 25.7 |
| 20.03 | Safeway Savers Thick Pork Sausages | 53% | Raw | 750 | 1.91 | 1.52 | 25.4 |
| 20.02 | Tesco Value 12 Pork Chipolatas | 52% | Raw | 770 | 1.96 | 1.56 | 26.1 |
| 20.04 | Asda Smart Price 8 Thick Pork Sausages | 51% | Raw | 770 | 1.96 | 1.56 | 26.1 |
| 20.01 | Sainsbury's Low Price Thick Pork Sausages | 52% | Raw | 780 | 1.98 | 1.58 | 26.4 |
| 20.05 | F A Gill Value Pork Sausages | 50% | Raw | 810 | 2.06 | 1.65 | 27.4 |
| 21.01-05 | Composite Sample of Category 20 Samples | 50-53% | Grilled | 1150 | 2.92 | 2.34 | 38.9 |
| 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | Raw | 530 | 1.35 | 0.67 | 13.5** |
| 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | Raw | 550 | 1.40 | 0.70 | 14** |
| 22.02 | Tesco 24 Pork Cocktail Sausages | 67% | Raw | 750 | 1.91 | 0.95 | 19.1** |

* Guideline Daily Amount (GDA)

** Children aged 7-10 years the daily salt target is 5g

Table 5d: Ranking of the Fat Content of the Individual Sausages Sub-Samples within each Category (80g for adults portion & 50g for children's)

| FSA Ref. | Product Description | % Meat (Approx) | Condition for Analysis | Fat, per 100g | Fat per portion | % Recommended Fat Intake per port | |
|----------|---|--------------------|------------------------|---------------|-----------------|-----------------------------------|----------------|
| | | | | | | men, 95g/day | women, 70g/day |
| 1.01 | Porkinsons Quintessentially Free Range 10 Pork Chipolatas | 80% | Raw | 12.1 | 9.7 | 10.2 | 13.8 |
| 1.10 | K J Flatman Premium Pork Sausages | 73-95% | Raw | 17.9 | 14.3 | 15.1 | 20.5 |
| 1.07 | Grangedale 6 Premium Traditional Style Pork Sausages | 82% | Raw | 18.0 | 14.4 | 15.2 | 20.6 |
| 1.08 | Waitrose Free Range Pork Chipolatas | 85% | Raw | 19.0 | 15.2 | 16.0 | 21.7 |
| 1.02 | Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 89% | Raw | 19.3 | 15.5 | 16.3 | 22.1 |
| 1.03 | Tesco Finest 6 Traditional Pork Sausages | 82% | Raw | 20.1 | 16.1 | 17.0 | 23.0 |
| 1.04 | Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | Raw | 20.4 | 16.3 | 17.2 | 23.3 |
| 1.05 | Safeway 6 Olde English Style Pork Sausages | 79% | Raw | 25.7 | 20.6 | 21.6 | 29.4 |
| 1.06 | Marks & Spencer Premium Pork Sausages | 93% | Raw | 28.2 | 22.6 | 23.8 | 32.3 |
| 1.09 | Co-op Butchers 8 Select Pork Sausages | 73% | Raw | 29.7 | 23.7 | 25.0 | 33.9 |
| 2.01-10 | Composite Sample of Category 1 Samples | 73-95% | Grilled | 21.1 | 16.9 | 17.8 | 24.1 |
| 3.01-07 | Composite Sample of Category 3 Samples | 70-80% | Raw | 25.2 | 20.2 | 21.2 | 28.8 |
| 4.10 | D G Pritchard Thin Pork Sausages | 65% | Raw | 13.5 | 10.8 | 11.4 | 15.4 |
| 4.05 | Safeway 8 Pork Skinless Sausages | 68% | Raw | 19.0 | 15.2 | 16.0 | 21.7 |
| 4.07 | Somerfield 12 Thick Pork Sausages - 50% Extra | 66% | Raw | 20.8 | 16.7 | 17.5 | 23.8 |
| 4.08 | Budgens 12 Outdoor Reared Pork Chipolatas | 65% | Raw | 22.2 | 17.8 | 18.7 | 25.4 |
| 4.04 | Sainsbury's 8 Pork Sausages | 67% | Raw | 23.4 | 18.7 | 19.7 | 26.7 |
| 4.06 | Asda 8 Thick Pork Sausages | 65% | Raw | 24.6 | 19.7 | 20.7 | 28.1 |
| 4.02 | Richmond Irish Recipe 12 Fresh Pork Sausages | 51% | Raw | 24.9 | 19.9 | 21.0 | 28.5 |
| 4.03 | Tesco 8 Thick Pork Sausages | 67% | Raw | 25.8 | 20.7 | 21.7 | 29.5 |
| 4.01 | Walls 8 Thick Pork Sausages | 67% | Raw | 27.6 | 22.0 | 23.2 | 31.5 |
| 4.09 | Iceland 16 Thick Pork Sausages - Frozen | 66% | Raw | 30.5 | 24.4 | 25.7 | 34.9 |
| 9.01-10 | Composite Sample of Category 4 Samples | 50-70% | Barbecued | 18.1 | 14.5 | 15.2 | 20.7 |
| 6.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled & Pricked | 18.9 | 15.1 | 15.9 | 21.6 |
| 5.01-10 | Composite Sample of Category 4 Samples | 50-70% | Grilled | 19.9 | 15.9 | 16.8 | 22.7 |
| 8.01-10 | Composite Sample of Category 4 Samples | 50-70% | Oven Baked | 19.9 | 15.9 | 16.8 | 22.7 |
| 7.01-10 | Composite Sample of Category 4 Samples | 50-70% | Fried | 20.8 | 16.6 | 17.5 | 23.8 |
| 10.05 | Waitrose British Pork and Beef Sausages | 45%pork & 6%beef | Raw | 13.8 | 11.0 | 11.6 | 15.7 |
| 10.02 | Iceland 16 Thick Pork and Beef Sausages - Frozen | 47%pork & 6%beef | Raw | 19.6 | 15.7 | 16.5 | 22.4 |
| 10.06 | Co-op 8 Thick Pork and Beef Sausages | 49%pork & 2%beef | Raw | 19.9 | 15.9 | 16.7 | 22.7 |
| 10.07 | Belchers Pork and Beef Sausages Family Value Pack - Frozen | 46%pork & 6%beef | Raw | 20.2 | 16.2 | 17.0 | 23.1 |
| 10.01 | Walls Pork and Beef Sausages | 50%pork & 1%beef | Raw | 22.2 | 17.8 | 18.7 | 25.4 |
| 10.04 | Safeway Pork and Beef Sausages | 49%pork & 3%beef | Raw | 26.0 | 20.8 | 21.9 | 29.7 |
| 10.03 | Tesco Pork and Beef Sausages | 48%pork & 2.5%beef | Raw | 29.5 | 23.6 | 24.8 | 33.7 |
| 11.01-07 | Composite Sample of Category 10 Samples | 50-68% | Grilled | 13.9 | 11.1 | 11.7 | 15.9 |
| 12.06 | Bakers Butchers Beef Sausages | 60-81% | Raw | 12.4 | 9.9 | 10.4 | 14.2 |
| 12.05 | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | Raw | 14.0 | 11.2 | 11.8 | 16.0 |

| | | | | | | | |
|----------|--|------------------------|---------|------|------|-------|-------|
| 12.01 | Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | Raw | 16.9 | 13.5 | 14.2 | 19.3 |
| 12.03 | Sainsbury's 8 Thick Premium British Beef Sausages | 72% | Raw | 17.4 | 14.0 | 14.7 | 19.9 |
| 12.04 | Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | Raw | 23.5 | 18.8 | 19.8 | 26.9 |
| 12.02 | Asda Aberdeen Angus Beef Sausages | 75% | Raw | 33.0 | 26.4 | 27.8 | 37.7 |
| | | | | | | | |
| 13.01-06 | Composite Sample of Category 12 Samples | 60-81% | Grilled | 17.2 | 13.8 | 14.5 | 19.7 |
| | | | | | | | |
| | | | | | | | |
| 14.04 | Asda Turkey 8 Fresh Sausages | 80% | Raw | 8.6 | 6.9 | 7.2 | 9.8 |
| 14.02 | Tesco Butchers Choice British Turkey and Chicken Sausages | 42%turkey & 29%chicken | Raw | 8.9 | 7.1 | 7.5 | 10.2 |
| 14.01 | Safeway Butchers Choice Turkey and Chicken Sausages | 57%turkey & 9%chicken | Raw | 14.8 | 11.9 | 12.5 | 16.9 |
| | | | | | | | |
| 15.01-05 | Composite Sample of Category 14 Samples Items A, B, and D | 58-80% | Grilled | 12.1 | 9.7 | 10.2 | 13.8 |
| | | | | | | | |
| | | | | | | | |
| 16.06 | Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | Raw | 3.0 | 2.4 | 2.5 | 3.4 |
| 16.03 | Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | Raw | 3.0 | 2.4 | 2.6 | 3.5 |
| 16.05 | Asda Good For You Less Than 5% Fat Pork Sausages | 65% | Raw | 4.1 | 3.3 | 3.4 | 4.7 |
| 16.01 | Bowyers 95% Fat Free 8 Pork Sausages | 66% | Raw | 4.7 | 3.8 | 4.0 | 5.4 |
| 16.02 | Wall's Lean Recipe Pork Sausages | 67% | Raw | 5.5 | 4.4 | 4.6 | 6.3 |
| 16.07 | Marks & Spencer Extra Lean Pork Sausages | 68% | Raw | 7.9 | 6.3 | 6.7 | 9.0 |
| 16.04 | Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | Raw | 11.2 | 8.9 | 9.4 | 12.8 |
| | | | | | | | |
| 17.01-07 | Composite Sample of Category 16 Samples | 61-68% | Grilled | 6.1 | 4.9 | 5.1 | 7.0 |
| | | | | | | | |
| | | | | | | | |
| 18.01 | Quorn Sausages - Frozen | N/A | Raw | 4.1 | 3.3 | 3.5 | 4.7 |
| 18.04 | Goodlife 6 Vegetarian Sausages | N/A | Raw | 7.5 | 6.0 | 6.3 | 8.5 |
| 18.05 | Tesco Vegetarian Lincolnshire Sausages - Frozen | N/A | Raw | 8.5 | 6.8 | 7.2 | 9.7 |
| 18.02 | Cauldron Foods Cumberland Vegetarian Sausages | N/A | Raw | 9.2 | 7.3 | 7.7 | 10.5 |
| 18.03 | Linda McCartney 8 Sausages - Frozen | N/A | Raw | 13.6 | 10.9 | 11.4 | 15.5 |
| | | | | | | | |
| 19.01-05 | Composite Sample of Category 18 Samples | N/A | Grilled | 8.9 | 7.1 | 7.5 | 10.2 |
| | | | | | | | |
| | | | | | | | |
| 20.01 | Sainsbury's Low Price Thick Pork Sausages | 52% | Raw | 13.5 | 10.8 | 11.3 | 15.4 |
| 20.05 | F A Gill Value Pork Sausages | 50% | Raw | 21.1 | 16.9 | 17.8 | 24.1 |
| 20.04 | Asda Smart Price 8 Thick Pork Sausages | 51% | Raw | 24.0 | 19.2 | 20.2 | 27.4 |
| 20.03 | Safeway Savers Thick Pork Sausages | 53% | Raw | 24.6 | 19.7 | 20.7 | 28.1 |
| 20.02 | Tesco Value 12 Pork Chipolatas | 52% | Raw | 28.6 | 22.9 | 24.1 | 32.7 |
| | | | | | | | |
| 21.01-05 | Composite Sample of Category 20 Samples | 50-53% | Grilled | 13.3 | 10.6 | 11.2 | 15.2 |
| | | | | | | | |
| | | | | | | | |
| 22.03 | Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | Raw | 11.4 | 5.7 | 7.4* | 8.4* |
| 22.01 | Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | Raw | 21.2 | 10.6 | 13.8* | 15.6* |
| 22.02 | Tesco 24 Pork Cocktail Sausages | 67% | Raw | 25.9 | 13.0 | 16.9* | 19.1* |

* For children aged 7-10 years the recommended fat intake is; boys 76.6g/day, girls 67.7g/day, an average 72.15g/day

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| ion |
| average, 82.5g/day |
| 11.7 |
| 17.3 |
| 17.3 |
| 18.3 |
| 18.6 |
| 19.4 |
| 19.7 |
| 24.8 |
| 27.2 |
| 28.6 |
| |
| 20.3 |
| |
| |
| 24.3 |
| |
| |
| 13.0 |
| 18.3 |
| 20.1 |
| 21.4 |
| 22.6 |
| 23.7 |
| 24.0 |
| 24.9 |
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| |
| 17.4 |
| 18.2 |
| 19.2 |
| 19.2 |
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| |
| |
| 13.3 |
| 18.9 |
| 19.2 |
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| 21.4 |
| 25.0 |
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| 12.0 |
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| 16.3 |
| 16.8 |
| 22.7 |
| 31.8 |
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| 16.6 |
| |
| 8.3 |
| 8.6 |
| 14.3 |
| |
| 11.7 |
| |
| 2.8 |
| 2.9 |
| 3.9 |
| 4.5 |
| 5.3 |
| 7.6 |
| 10.8 |
| |
| 5.9 |
| |
| 4.0 |
| 7.2 |
| 8.2 |
| 8.8 |
| 13.1 |
| |
| 8.6 |
| |
| 13.0 |
| 20.3 |
| 23.1 |
| 23.7 |
| 27.6 |
| |
| 12.8 |
| |
| 7.9* |
| 14.7* |
| 17.9* |

Table 6a Discrepancies identified between the analysed and declared values

Details of Belchers samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|---------------|--|--------------------|--------------------------------|--------------------------------|---|---|
| 10/034 A | Belchers Pork and Beef Sausages Family Value Pack (frozen) | 2025 | 3.8 | 2.2 | 1.6 | 72.7 |

Table 6b Discrepancies identified between the analysed and declared values

Details of Bowyers samples and results

CHO Analysis

| Sample number | Sample Description | Package Weight (g) | Calculated Available CHO (g/100g) | Declared CHO (g/100g) | Difference between declared & obtained CHO, g | Difference between declared & obtained CHO, % |
|---------------|--------------------------------------|--------------------|-----------------------------------|-----------------------|---|---|
| 16/049 A | Bowyers 95% Fat Free 8 Pork Sausages | 400 | 11.3 | 8.5 | 2.8 | 32.9 |

Table 6c Discrepancies identified between the analysed and declared values

Details of Cauldron Foods samples and results

Fat Analysis

| Sample number | Sample Description | Package Weight (g) | Fat Analysis (g/100g) | Declared Fat content (g/100g) | Difference between declared & obtained Fat, g | Difference between declared & obtained Fat, % |
|---------------|---|--------------------|-----------------------|-------------------------------|---|---|
| 18/058 A | Cauldron Foods Cumberland Vegetarian Sausages | 250 | 9.2 | 6.7 | 2.5 | 37.3 |

Table 6d Discrepancies identified between the analysed and declared values

Details of Co-op samples and results

Sodium Analysis

| Sample number | Sample Description | Package Weight (g) | Sodium Analysis (mg/100g) | Declared Sodium content (mg/100g) | Difference between declared & obtained Sodium, g | Difference between declared & obtained Sodium, % |
|---------------|---------------------------------------|--------------------|---------------------------|-----------------------------------|--|--|
| 1/009 A | Co-op Butchers 8 Select Pork sausages | 454 | 435 | 300 | 135 | 45 |
| 10/033 A | Co-op 8 Thick Pork and Beef sausages | 454 | 620 | 500 | 120 | 24 |

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|---------------|--|--------------------|--------------------------------|--------------------------------|---|---|
| 1/009 A | Co-op Butchers 8 Select Pork sausages | 454 | 3.6 | 1.0 | 2.60 | 260 |
| 10/033 A | Co-op 8 Thick Pork and Beef sausages | 454 | 5.9 | 2.0 | 3.90 | 195 |
| 14/045 A | Co-op Everyday 15 Chicken and Pork Sausages (Frozen) | 907 | 4.7 | 2.0 | 2.70 | 135 |

CHO Analysis

| Sample number | Sample Description | Package Weight (g) | Calculated Available CHO (g/100g) | Declared CHO (g/100g) | Difference between declared & obtained CHO, g | Difference between declared & obtained CHO, % |
|---------------|--------------------------------------|--------------------|-----------------------------------|-----------------------|---|---|
| 10/033 A | Co-op 8 Thick Pork and Beef sausages | 454 | 13.9 | 11.0 | 2.9 | 26.4 |

Protein Analysis

| Sample number | Sample Description | Package Weight (g) | Calculated Protein (g/100g) | Declared Protein (g/100g) | Difference between declared & obtained Protein, g | Difference between declared & obtained Protein, % |
|---------------|--------------------------------------|--------------------|-----------------------------|---------------------------|---|---|
| 10/033 A | Co-op 8 Thick Pork and Beef sausages | 454 | 13.4 | 10.0 | 3.4 | 34 |

Fibre Analysis

| Sample number | Sample Description | Package Weight (g) | Englyst Fibre Analysis (g/100g) | Declared Fibre (g/100g) | Difference between declared & obtained Fibre, g | Difference between declared & obtained Fibre, % |
|---------------|--|--------------------|---------------------------------|-------------------------|---|---|
| 1/009 A | Co-op Butchers 8 Select Pork sausages | 454 | 1.7 | 1.0 | 0.7 | 70 |
| 14/045 A | Co-op Everyday 15 Chicken and Pork Sausages (Frozen) | 907 | 1.7 | 1.0 | 0.7 | 70 |

Table 6e Discrepancies identified between the analysed and declared values

Details of Duchy Originals samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|---------------|---|--------------------|--------------------------------|--------------------------------|---|---|
| 1/002 A | Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 400 | 2.4 | 1.0 | 1.4 | 140 |

Table 6f Discrepancies identified between the analysed and declared values

Details of Goodlife samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Saturated Fat Analysis (g/100g) | Declared Saturated Fat content (g/100g) | Difference between declared & obtained Fat, g | Difference between declared & obtained Fat, % |
|----------------------|--------------------------------|---------------------------|--|--|--|--|
| 18/060 A | Goodlife 6 Vegetarian Sausages | 300 | 2.51 | 0.5 | 2.01 | 402 |

Fat Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|----------------------|--------------------------------|---------------------------|---------------------------------------|---------------------------------------|--|--|
| 18/060 A | Goodlife 6 Vegetarian Sausages | 300 | 6.2 | 1.2 | 5.00 | 416.7 |

Table 6g Discrepancies identified between the analysed and declared values

Details of Grangedale samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|----------------------|--|---------------------------|---------------------------------------|---------------------------------------|--|--|
| 1/007A | Grangedale 6 Premium Traditional Style Pork Sausages | 454 | 3.5 | 0.3 | 3.2 | 1066.7 |

CHO Analysis

| Sample number | Sample Description | Package Weight (g) | Calculated Available CHO (g/100g) | Declared CHO (g/100g) | Difference between declared & obtained CHO, g | Difference between declared & obtained CHO, % |
|---------------|--|--------------------|-----------------------------------|-----------------------|---|---|
| 1/007A | Grangedale 6 Premium Traditional Style Pork Sausages | 454 | 7.1 | 3.9 | 3.2 | 82.1 |

Fibre Analysis

| Sample number | Sample Description | Package Weight (g) | Englyst Fibre Analysis (g/100g) | Declared Fibre (g/100g) | Difference between declared & obtained Fibre, g | Difference between declared & obtained Fibre, % |
|---------------|--|--------------------|---------------------------------|-------------------------|---|---|
| 1/007A | Grangedale 6 Premium Traditional Style Pork Sausages | 454 | 1.6 | 0.6 | 1.0 | 166.7 |

Table 6h Discrepancies identified between the analysed and declared values

Details of Marks & Spencer samples and results

Fat Analysis

| Sample number | Sample Description | Package Weight (g) | Fat Analysis (g/100g) | Declared Fat content (g/100g) | Difference between declared & obtained Fat, g | Difference between declared & obtained Fat, % |
|----------------------|--|---------------------------|------------------------------|--------------------------------------|--|--|
| 1/006A | Marks & Spencer Premium Pork Sausages | 454 | 28.2 | 16.3 | 11.9 | 73.0 |
| 16/055 A | Marks & Spencer Extra Lean Pork Sausages | 454 | 7.9 | 3.3 | 4.6 | 139.4 |

Saturated Fat Analysis

| Sample number | Sample Description | Package Weight (g) | Saturated Fat Analysis (g/100g) | Declared Saturated Fat content (g/100g) | Difference between declared & obtained Saturated Fat, g | Difference between declared & obtained Saturated Fat, % |
|----------------------|--|---------------------------|--|--|--|--|
| 1/006A | Marks & Spencer Premium Pork Sausages | 454 | 10.48 | 6.5 | 3.98 | 61.2 |
| 16/055 A | Marks & Spencer Extra Lean Pork Sausages | 454 | 3.04 | 1.3 | 1.74 | 133.9 |

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|---------------|--|--------------------|--------------------------------|--------------------------------|---|---|
| 16/055 A | Marks & Spencer Extra Lean Pork Sausages | 454 | 5.0 | 2.7 | 2.3 | 85.2 |

CHO Analysis

| Sample number | Sample Description | Package Weight (g) | Calculated Available CHO (g/100g) | Declared CHO (g/100g) | Difference between declared & obtained CHO, g | Difference between declared & obtained CHO, % |
|---------------|--|--------------------|-----------------------------------|-----------------------|---|---|
| 16/055 A | Marks & Spencer Extra Lean Pork Sausages | 454 | 8.8 | 7.2 | 1.6 | 22.2 |

Table 6i Discrepancies identified between the analysed and declared values

Details of Quorn samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight (g) | Total Sugars Analysis (g/100g) | Declared Total sugars (g/100g) | Difference between declared & obtained Sugar, g | Difference between declared & obtained Sugar, % |
|---------------|---------------------------|--------------------|--------------------------------|--------------------------------|---|---|
| 18/057 A | Quorn Sausages - (Frozen) | 300 | 0.9 | 0.6 | 0.3 | 50.0 |

Table 6j Discrepancies identified between the analysed and declared values

Details of Richmond samples and results

Fibre Analysis

| Sample number | Sample Description | Package Weight (g) | Englyst Fibre Analysis (g/100g) | Declared Fibre (g/100g) | Difference between declared & obtained Fibre, g | Difference between declared & obtained Fibre, % |
|---------------|--|--------------------|---------------------------------|-------------------------|---|---|
| 4/014 A | Richmond Irish Recipe 12 Fresh Pork Sausages | 340 | 2.2 | 0.9 | 1.3 | 144.4 |

Table 6k Discrepancies identified between the analysed and declared values

Details of Somerfield samples and results

Sugar Analysis

| Sample number | Sample Description | Package Weight | Total Sugars | Declared Total | Difference between | Difference between |
|---------------|---|----------------|--------------|----------------|--------------------|--------------------|
| 4/019 A | Somerfield 12 Thick Pork Sausages - (50% Extra) | 681 | 4.4 | 2.5 | 1.9 | 76.0 |

CHO Analysis

| Sample number | Sample Description | Package Weight | Calculated Available | Declared CHO | Difference between | Difference between |
|---------------|---|----------------|----------------------|--------------|--------------------|--------------------|
| 4/019 A | Somerfield 12 Thick Pork Sausages - (50% Extra) | 681 | 10.5 | 8.3 | 2.2 | 26.5 |

Table 6I Discrepancies identified between the analysed and declared values

Details of Tesco's samples and results

Fat Analysis

| Sample number | Sample Description | Package Weight | Fat Analysis | Declared Fat content | Difference between | Difference between |
|----------------------|--|-----------------------|---------------------|-----------------------------|---------------------------|---------------------------|
| 4/015 A | Tesco 8 Thick Pork Sausages | 454 | 25.8 | 21.5 | 4.3 | 20.0 |
| 10/030 A | Tesco 8 Pork and Beef Sausages | 454 | 29.5 | 21.2 | 8.3 | 39.2 |
| 12/040 A | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 360 | 14.0 | 10.9 | 3.1 | 28.4 |
| 22/070 A | Tesco 24 Pork Cocktail Sausages | 340 | 25.9 | 21.5 | 4.4 | 20.5 |

Saturated Fat Analysis

| Sample number | Sample Description | Package Weight | Saturated Fat | Declared Saturated | Difference between | Difference between |
|----------------------|--------------------------------|-----------------------|----------------------|---------------------------|---------------------------|---------------------------|
| 10/030 A | Tesco 8 Pork and Beef Sausages | 454 | 10.96 | 8.4 | 2.56 | 30.5 |

Sodium Analysis

| Sample number | Sample Description | Package Weight | Sodium Analysis | Declared Sodium | Difference between | Difference between |
|---------------|--|----------------|-----------------|-----------------|--------------------|--------------------|
| 10/030 A | Tesco 8 Pork and Beef Sausages | 454 | 850 | 700 | 150.0 | 21 |
| 16/051 A | Tesco Healthy Eating Pork Sausages Less than 3% fat | 454 | 850 | 700 | 150.0 | 21 |
| 22/070 A | Tesco 24 Pork Cocktail Sausages | 340 | 750 | 600 | 150.0 | 25 |

Sugar Analysis

| Sample number | Sample Description | Package Weight | Total Sugars | Declared Total | Difference between | Difference between |
|---------------|---|----------------|--------------|----------------|--------------------|--------------------|
| 1/003 A | Tesco Finest Traditional Pork Sausages | 454 | 2.0 | 1.4 | 0.6 | 42.9 |
| 4/015 A | Tesco 8 Thick Pork Sausages | 454 | 3.8 | 2.3 | 1.5 | 65.2 |
| 14/044 A | Tesco Butchers Choice British Turkey and Chicken Sausages | 454 | 2.0 | 0.9 | 1.1 | 122.2 |
| 20/064 A | Tesco Value 12 Pork Chipolatas | 340 | 3.0 | 1.8 | 1.2 | 66.7 |

CHO Analysis

| Sample number | Sample Description | Package Weight | Calculated Available | Declared CHO | Difference between | Difference between |
|---------------|---------------------------------|----------------|----------------------|--------------|--------------------|--------------------|
| 22/070 A | Tesco 24 Pork Cocktail Sausages | 340 | 11.6 | 9.2 | 2.4 | 26.1 |

Fibre Analysis

| Sample number | Sample Description | Package Weight | Englyst Fibre | Declared Fibre | Difference between | Difference between |
|----------------------|---|-----------------------|----------------------|-----------------------|---------------------------|---------------------------|
| 1/003 A | Tesco Finest Traditional Pork Sausages | 454 | 0.5 | 0.2 | 0.3 | 150.0 |
| 4/015 A | Tesco 8 Thick Pork Sausages | 454 | 1.7 | 1.1 | 0.6 | 54.5 |
| 10/030 A | Tesco 8 Pork and Beef Sausages | 454 | 1.4 | 0.9 | 0.5 | 55.6 |
| 12/040 A | Tesco Finest 6 Beef Sausages with Onion & Red Wine | 360 | 1.6 | 1.2 | 0.4 | 33.3 |
| 16/051 A | Tesco Healthy Eating Pork Sausages Less than 3% fat | 454 | 1.2 | 0.9 | 0.3 | 33.3 |
| 20/064 A | Tesco Value 12 Pork Chipolatas | 340 | 1.6 | 0.9 | 0.7 | 77.8 |
| 22/070 A | Tesco 24 Pork Cocktail Sausages | 340 | 1.6 | 1.1 | 0.5 | 45.5 |

Table 6m Discrepancies identified between the analysed and declared values

Details of Waitrose samples and results

Sodium Analysis

| Sample number | Sample Description | Package Weight | Sodium Analysi | Declared Sodium | Difference between | Difference between |
|---------------|---|----------------|----------------|-----------------|--------------------|--------------------|
| 10/032 A | Waitrose British Pork and Beef Sausages | 454 | 790 | 620 | 170 | 27 |

Sugar Analysis

| Sample number | Sample Description | Package Weight | Total Sugars | Declared Total | Difference between | Difference between |
|---------------|---|----------------|--------------|----------------|--------------------|--------------------|
| 1/008 A | Waitrose Free Range Pork Chipolatas | 340 | 1.8 | 0.2 | 1.6 | 800 |
| 10/032 A | Waitrose British Pork and Beef Sausages | 454 | 3.5 | 0.8 | 2.8 | 337.5 |

CHO Analysis

| Sample number | Sample Description | Package Weight | Calcula ted | Declared CHO | Difference between | Difference between |
|---------------|-------------------------------------|----------------|-------------|--------------|--------------------|--------------------|
| 1/008 A | Waitrose Free Range Pork Chipolatas | 340 | 4.1 | 2.4 | 41.7 | 70.8 |

Protein Analysis

| Sample number | Sample Description | Package Weight | Calculated | Declared Protein | Difference between | Difference between |
|---------------|---|----------------|------------|------------------|--------------------|--------------------|
| 10/032 A | Waitrose British Pork and Beef Sausages | 454 | 12.1 | 9.7 | 2.4 | 24.7 |

Fibre Analysis

| Sample number | Sample Description | Package Weight | Englyst Fibre | Declared Fibre | Difference between | Difference between |
|---------------|-------------------------------------|----------------|---------------|----------------|--------------------|--------------------|
| 1/008 A | Waitrose Free Range Pork Chipolatas | 340 | 0.8 | 0.3 | 0.5 | 166.7 |

Table 6n Discrepancies identified between the analysed and declared values

Details of Wall's samples and results

Fat Analysis

| Sample number | Sample Description | Package Weight | Fat Analysis | Declared Fat content | Difference between | Difference between |
|----------------------|---------------------------------|-----------------------|---------------------|-----------------------------|---------------------------|---------------------------|
| 4/013 A | Walls 8 Thick Pork Sausages | 454 | 27.6 | 22.3 | 5.3 | 23.8 |
| 16/050 A | Walls Lean Recipe Pork Sausages | 454 | 5.5 | 4.1 | 1.4 | 34.1 |

Saturated Fat Analysis

| Sample number | Sample Description | Package Weight | Saturated Fat | Declared Saturated | Difference between | Difference between |
|----------------------|-----------------------------|-----------------------|----------------------|---------------------------|---------------------------|---------------------------|
| 4/013 A | Walls 8 Thick Pork Sausages | 454 | 11.06 | 8.6 | 2.46 | 28.6 |

Sugar Analysis

| Sample number | Sample Description | Package Weight | Total Sugars | Declared Total | Difference between | Difference between |
|----------------------|-----------------------------|-----------------------|---------------------|-----------------------|---------------------------|---------------------------|
| 4/013 A | Walls 8 Thick Pork Sausages | 454 | 4.2 | 3.1 | 1.1 | 35.5 |

| | | | | | | |
|----------|----------------------------|-----|-----|-----|-----|------|
| 10/028 A | Walls Pork & Beef Sausages | 454 | 2.9 | 1.7 | 1.2 | 70.6 |
|----------|----------------------------|-----|-----|-----|-----|------|

Fibre Analysis

| Sample number | Sample Description | Package Weight | Englyst Fibre | Declared Fibre | Difference between | Difference between |
|----------------------|---------------------------------|-----------------------|----------------------|-----------------------|---------------------------|---------------------------|
| 10/028 A | Walls Pork & Beef Sausages | 454 | 1.7 | 1.0 | 0.7 | 70.0 |
| 16/050 A | Walls Lean Recipe Pork Sausages | 454 | 3.1 | 2.1 | 1.0 | 47.6 |

Table 7: The salt and fat content of meals containing sausages

| Meal | Salt content | | Fat content | |
|---|--------------|--|-------------|--|
| | g per meal | % of the GDA ³ (6g per day) | g per meal | % Recommended Fat Intake (average 82.5g/day) |
| Pork sausages ¹ , baked potato and peas | 2.5 | 41 | 18.6 | 23 |
| Pork sausages ¹ , mashed potato and baked beans | 4.3 | 72 | 25.2 | 30 |
| Pork sausages ¹ , fried chips and baked beans | 4.3 | 72 | 39.7 | 48 |
| Children's meal: pork sausages ² , fried chips and baked beans | 2.16 | 43* | 25.3 | 35** |

¹ Pork sausages, standard, grilled (non-pricked).

²A composite sample of three pork sausages aimed at children, raw.

³ is the guideline daily amount

* the GDA for children aged 7-10 years is 5g per day

** the Recommended Fat Intake for children aged 7-10 years is 72.15g per day

Table 8: Results of the meat content analysis of sausages

| Product Description | % Meat Declared | %Connective Tissue in Meat | % Fat in Meat | Current Meat % | EC Meat % | Current - EC % Diff | % Label Change |
|---|--------------------|----------------------------|---------------|----------------|-----------|---------------------|----------------|
| Porkinsons Quintessentially Free Range 10 Pork Cipolatas | 80% | 17 | 15 | 80 | 80 | - | - |
| Duchy Originals Old Fashioned Free Range Pork Sausages with Herbs | 89% | 15 | 23 | 85 | 85 | - | 4 |
| Tesco Finest 6 Traditional Pork sausages | 82% | 16 | 23 | 87 | 87 | - | - |
| Sainsbury's Taste The Difference 6 Ultimate Pork Sausages | 95% | 14 | 22 | 95 | 95 | - | - |
| Safeway 6 Olde English Style Pork Sausages | 79% | 18 | 33 | 82 | 78 | 5 | 1 |
| Marks & Spencer Premium Pork Sausages | 93% | 15 | 30 | 93 | 93 | - | - |
| Grangedale 6 Premium Traditional Style Pork Sausages | 82% | 22 | 22 | 87 | 87 | - | - |
| Waitrose Free Range Pork Chipolatas | 85% | 11 | 22 | 87 | 87 | - | - |
| Co-op Butchers 8 Select Pork Sausages | 73% | 25 | 39 | 77 | 67 | 12 | 8 |
| K J Flatman Premium Pork Sausages | 73% | 10 | 25 | 71 | 71 | - | 25 |
| Walls 8 Thick Pork Sausages | 67% | 28 | 35 | 81 | 74 | 9 | - |
| Richmond Irish Recipe 12 Fresh Sausages | 51% | 33 | 36 | 74 | 64 | 12 | - |
| Tesco 8 Thick Pork Sausages | 67% | 35 | 38 | 72 | 60 | 17 | 11 |
| Sainsbury's Pork sausages | 67% | 24 | 30 | 78 | 78 | - | - |
| Safeway 8 Pork Skinless Sausages | 68% | 23 | 27 | 70 | 70 | - | - |
| Asda 8 Thick Pork Sausages | 65% | 30 | 35 | 73 | 66 | 10 | - |
| Somerfield 12 Thick Pork Sausages 50% Extra | 66% | 30 | 28 | 76 | 74 | 4 | - |
| Budgens 12 Outdoor Reared Pork Chipolatas | 65% | 21 | 29 | 77 | 77 | - | - |
| Iceland 16 Thick Pork Sausages. Frozen | 66% | 31 | 46 | 69 | 52 | 25 | 22 |
| D G Pritchard Thin Pork Sausages | 65% | 15 | 21 | 66 | 66 | - | - |
| Walls Pork and Beef Sausages | 50%pork & 1%beef | 39 | 37 | 65 | 50 | 23 | 1 |
| Iceland 16 Thick Pork and Beef Sausages. Frozen | 47%pork & 6%beef | 30 | 31 | 66 | 59 | 11 | - |
| Tesco Pork and Beef Sausages | 48%pork & 2.5%beef | 38 | 51 | 61 | 38 | 39 | 26 |
| Safeway Pork and Beef Sausages | 49%pork & 3%beef | 32 | 39 | 69 | 54 | 22 | - |
| Waitrose British Pork and Beef Sausages | 45%pork & 6%beef | 15 | 20 | 68 | 68 | - | - |
| Co-op 8 Thick Pork and Beef Sausages | 49%pork & 2%beef | 25 | 25 | 81 | 81 | - | - |

| Product Description | % Meat Declared | %Connective Tissue in Meat | % Fat in Meat | Current Meat % | EC Meat % | Current - EC % Diff | % Label Change |
|--|------------------------|----------------------------|---------------|----------------|-----------|---------------------|----------------|
| Belchers Pork and Beef Sausages Family Value Pack FROZEN | 46%pork & 6%beef | 26 | 31 | 67 | 61 | 9 | - |
| Safeway Butchers Choice 8 Aberdeenshire Beef Sausages | 72% | 17 | 22 | 77 | 77 | - | - |
| Asda Aberdeen Angus Beef Sausages | 75% | 18 | 39 | 84 | 73 | 13 | 2 |
| Sainsbury's 8 Thick Premium British Beef Sausages | 72% | 17 | 20 | 87 | 87 | - | - |
| Tesco Hall's Butchers Choice 8 Thick Aberdeenshire Beef Sausages | 60% | 16 | 33 | 71 | 68 | 4 | - |
| Tesco Finest 6 Beef Sausages with Onion & Red Wine | 67% | 18 | 19 | 74 | 74 | - | - |
| Bakers Butchers Beef Sausages | 50-55% | 16 | 17 | 71 | 71 | - | - |
| Safeway Butchers Choice Turkey and Chicken Sausages | 57%turkey & 9%chicken | 6 | 19 | 78 | 75 | 5 | - |
| Tesco Butchers Choice British Turkey and Chicken Sausages | 42%turkey & 29%chicken | 9 | 13 | 71 | 71 | - | - |
| Asda Turkey 8 Fresh Sausages | 80% | 8 | 11 | 80 | 80 | - | - |
| Bowyer 95% Fat Free Sausages | 66% | 9 | 7 | 70 | 70 | - | - |
| Wall's Lean Recipe Pork Sausages | 67% | 19 | 8 | 77 | 77 | - | - |
| Tesco Healthy Eating Pork Sausages Less Than 3% Fat | 61% | 25 | 4 | 68 | 68 | - | - |
| Sainsbury's Be Good To Yourself 8 Extra lean Pork Sausages | 67% | 19 | 16 | 69 | 69 | - | - |
| Asda Good For You Less Than 5% Fat Pork Sausages | 65% | 14 | 6 | 68 | 68 | - | - |
| Safeway 8 Cumberland Less Than 5% Fat Pork Sausages | 67% | 14 | 4 | 71 | 71 | - | - |
| Marks & Spencer Extra Lean Pork Sausages | 68% | 7 | 11 | 70 | 70 | - | - |
| Sainsbury's Low Price Thick Pork Sausages | 52% | 23 | 22 | 61 | 61 | - | - |
| Tesco Value 12 Pork Chipolatas | 52% | 62 | 45 | 77 | 51 | 34 | 2 |
| Safeway Savers Thick Pork sausages | 53% | 60 | 45 | 65 | 42 | 35 | 20 |
| Asda Smart Price 8 Thick Pork Sausages | 51% | 23 | 36 | 67 | 62 | 8 | - |
| F A Gill Value Sausages | 50% | 17 | 33 | 64 | 61 | 4 | - |
| Hall's Wee Willie Winkies 20 Mini Skinless Pork Sausages | 50% | 30 | 36 | 60 | 53 | 12 | - |
| Tesco 24 Pork Cocktail Sausages | 67% | 38 | 36 | 85 | 72 | 16 | - |
| Sainsbury's Blue Parrot Café 20 Mini Skinless Pork Sausages | 57% | 16 | 18 | 62 | 62 | - | - |