

**SCIENTIFIC ADVISORY COMMITTEE ON NUTRITION
DRAFT REPORT ON IRON AND HEALTH**

Executive Summary

1. The Scientific Advisory Committee on Nutrition (SACN) released their draft report on Iron and Health for scientific consultation on 17 June 2009. The scientific consultation period will run until 23 September 2009.
2. The draft report considers the health consequences of both iron deficiency and excess. Also considered is the adequacy of iron nutrition in the UK population and the possibility that some people may have inadequate intakes of iron and be at risk of iron deficiency.
3. On the basis of their review of the evidence, SACN has made draft recommendations, including a recommendation about meat consumption advice.
4. The Committee is invited to:
 - Comment on the scientific content of the draft report.
 - Make a submission to SACN on the draft report – due 23 September.

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